

# The Transient Receptor Potential Vanilloid-1 Channel in Thermoregulation: A Thermosensor It Is Not

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**Abstract**—The development of antagonists of the transient receptor potential vanilloid-1 (TRPV1) channel as pain therapeutics has revealed that these compounds cause hyperthermia in humans. This undesirable on-target side effect has triggered a surge of interest in the role of TRPV1 in thermoregulation and revived the hypothesis that TRPV1 channels serve as thermosensors. We review literature data on the distribution of TRPV1 channels in the body and on thermoregulatory responses to TRPV1 agonists and antagonists. We propose that two principal populations of TRPV1-expressing cells have connections with efferent thermoeffector pathways: 1) first-order sensory (polymodal), glutamatergic dorsal-root (and possibly nodose) ganglia neurons that innervate the abdominal viscera and 2) higher-order sensory, glutamatergic neurons presumably located in the median preoptic hypothalamic nucleus. We further hypothesize that all thermoregulatory responses to TRPV1 agonists and antagonists and thermoregulatory manifestations of

TRPV1 desensitization stem from primary actions on these two neuronal populations. Agonists act primarily centrally on population 2; antagonists act primarily peripherally on population 1. We analyze what roles TRPV1 might play in thermoregulation and conclude that this channel does not serve as a thermosensor, at least not under physiological conditions. In the hypothalamus, TRPV1 channels are inactive at common brain temperatures. In the abdomen, TRPV1 channels are tonically activated, but not by temperature. However, tonic activation of visceral TRPV1 by nonthermal factors suppresses autonomic cold-defense effectors and, consequently, body temperature. Blockade of this activation by TRPV1 antagonists disinhibits thermoeffectors and causes hyperthermia. Strategies for creating hyperthermia-free TRPV1 antagonists are outlined. The potential physiological and pathological significance of TRPV1-mediated thermoregulatory effects is discussed.

## I. Introduction

Life is intimately connected to temperature, and a living organism is constantly responding to changes in ambient and body temperatures ( $T_a$ <sup>1</sup> and  $T_b$ , respec-

tively) with a variety of physiological and behavioral responses. However, the molecular mechanisms of the detection of  $T_a$  and  $T_b$  signals are largely unknown. A major advance in this area is expected to stem from the discovery and characterization of transient receptor potential (TRP) channels. The superfamily of mammalian TRP channels consists of approximately 30 proteins divided into six subfamilies: ankyrin (TRPA), canonical, melastatin (TRPM), mucolipin, polycystin, and vanilloid (TRPV). Among TRP channels, nine are highly sensitive to temperature and are referred to as the thermo-

<sup>1</sup> Abbreviations: AEA, arachidonylethanolamide; BAT, brown adipose tissue; BBB, blood-brain barrier; BCTC, *N*-(4-tertiarybutylphenyl)-4-(3-chloropyridin-2-yl)-tetrahydropyrazine-1(2*H*)-carboxamide; CAP, capsaicin; CPZ, capsazepine; DH, dorsal horn; DMH, dorsomedial hypothalamus; DRG, dorsal-root ganglion (ganglia); EC<sub>50</sub>, 50% effective concentration of an agonist (produces 50% of the maximum possible response); ED<sub>max</sub>, maximal effective dose (the dose above which no additional improvement in efficacy is obtained); GIT, gastrointestinal tract; HLI, heat loss index; IC<sub>50</sub>, 50% of the maximum inhibitory response; JNJ-17203212, 4-[3-(trifluoromethyl)-2-pyridinyl]-*N*-[5-(trifluoromethyl)-2-pyridinyl]-1-piperazinecarboxamide; KO, knockout; LC, locus ceruleus; LPB, lateral parabrachial nucleus; LPS, lipopolysaccharide; MnPO, median preoptic nucleus; MPO, medial preoptic area; NADA, *N*-arachidonylethanolamine; OEA, oleoylethanol-

amide; OLDA, *N*-oleoyldopamine; OVLT, organum vasculosum of the lamina terminalis; PG, prostaglandin; POA, preoptic area of the hypothalamus; rRPa, rostral raphe pallidus nucleus; RTX, resiniferatoxin; SB 366791, 4'-chloro-3-methoxycinnamanilide;  $T_a$ , ambient temperature;  $T_b$ , body temperature;  $T_{sk}$ , skin temperature; TRP, transient receptor potential (channel); TRPA, ankyrin TRP; TRPM, melastatin TRP; TRPV, vanilloid TRP.

TRP channels. They include the heat-activated TRPV1 to TRPV4, TRPM2, TRPM4, and TRPM5 as well as the cold-activated TRPA1 and TRPM8 (Patapoutian et al., 2003; Dhaka et al., 2006; Caterina, 2007; Vennekens et al., 2008). Two unique properties of thermo-TRP channels deserve special consideration. First, the activation of all thermo-TRP channels results in an inward, non-selective cationic current and, consequently, membrane depolarization. This electrophysiological mechanism agrees with a possible role of thermo-TRP channels as a molecular substrate of peripheral thermosensitivity (Okazawa et al., 2002). Second, whereas each individual class of thermo-TRP channels is activated within a relatively narrow temperature range, cumulatively, these channels cover a broad span, from noxious cold to noxious heat, which makes them well suited to the detection of thermal signals (Romanovsky, 2007b). These features suggest that at least some thermo-TRP channels may be those long-sought molecules that are responsible for the reception of thermal signals, especially peripheral ones. Indeed, it has been confirmed that TRPM8 (Bautista et al., 2007; Colburn et al., 2007; Dhaka et al., 2007), TRPV3 (Moqrich et al., 2005), and TRPV4 (Lee et al., 2005) participate in mechanisms of thermoreception. Even for these channels, however, it is unclear under what conditions and to what extent they contribute to  $T_b$  regulation.

This review focuses on the thermoregulatory role of the TRPV1 channel [also known as the vanilloid-1 receptor, or the capsaicin (CAP) receptor]. Long before this channel received its current name, TRPV1, it was suspected to play the roles of both a peripheral thermosensor (Dib, 1983; Donnerer and Lembeck, 1983; Obál et al., 1987) and a central thermosensor (Szolcsányi et al., 1971; Hori and Shinohara, 1979; Dib, 1982) for autonomic and behavioral thermoregulation (i.e., to detect those thermal signals that are used in the control of autonomic and behavioral thermoeffectors). More recently, interest in the thermoregulatory role of TRPV1 has surged because of a serious problem with the development of TRPV1 antagonists, widely regarded as next-generation pain therapeutics. TRPV1 antagonists have been found to cause hyperthermia in experimental animals and in human patients (Gavva et al., 2008). This side effect presents a hurdle for drug development, but it also sheds light on the physiological role of the TRPV1 channel.

In this review, we first describe how  $T_b$  is regulated and where TRPV1 channels are located in the body with respect to different elements of the thermoregulatory system. We then analyze data obtained in studies with pharmacological agonists of the TRPV1 channel (conducted over more than a half a century) and in studies with TRPV1 antagonists (which have mushroomed over the past few years). We describe the mechanisms of TRPV1-mediated effects on  $T_b$ , identify and critically analyze the contradictions resulting from the use of different pharmacological tools, propose a unifying hypoth-

esis, and answer the primary question of this review: whether TRPV1 channels function as thermosensors under physiological conditions. We also discuss strategies for creating hyperthermia-free TRPV1 antagonists.

## II. The Thermoregulatory System

### A. Thermoeffectors and Functional Architecture

*1. Core and Shell Body Temperatures and Thermoeffectors.* The body can be divided into two compartments: the thermally homogeneous core (the central nervous system and the thoracic and abdominal viscera) and the thermally heterogeneous shell (the rest of the body, including the skin) (Romanovsky, 2007a). It is noteworthy that the core is only relatively homogeneous, and that temperatures of different parts of the core can be different [e.g., when mechanisms of selective brain cooling come into play (section V.C.)]. Nevertheless, it is reasonable to consider that the thermoregulatory system maintains a relatively constant core (deep)  $T_b$  under many circumstances. This is achieved by use of multiple effector responses, both behavioral and physiological, that can be activated from multiple thermosensors located within the shell (mostly in the skin) and the core (most importantly in the brain). Thermoregulatory behaviors include heat or cold avoidance and seeking, as well as many others—from simple postural changes to complex behavioral programs. The principal physiological cold-defense responses are autonomic ones [namely, sympathetically controlled skin vasoconstriction and nonshivering thermogenesis in brown adipose tissue (BAT)] and shivering. Although rats exhibit robust shivering responses if core  $T_b$  falls, nonshivering thermogenesis is a more important mechanism for heat production in rodents (Cannon and Nedergaard, 2004). Conversely, although humans have significant BAT deposits (Nedergaard et al., 2007), shivering is thought to be a primary mechanism for heat production in humans (Sessler, 1997). Physiological (autonomic) heat defenses include cutaneous vasodilation and species-specific responses aimed at evaporating water from the skin and respiratory tract, such as thermoregulatory salivation in rats and sweating [and perhaps also hyperpnea; see White (2006)] in humans.

*2. Body Temperature Control.* How the multisensor, multieffector thermoregulatory system is functionally organized remains a subject of debate, although a consensus concept has been emerging (Romanovsky, 2007b). This concept is based on the idea that, similar to other physiological systems (Partridge, 1982), the thermoregulatory system functions as a federation of relatively independent effector loops (Satinoff, 1978), without a single controller and without a single set point or its equivalent (Werner, 1979, 1988). Each thermoeffector loop includes a unique efferent neural pathway driving the corresponding effector response (Nagashima et al., 2000; Morrison et al., 2008). Each thermoeffector loop uses a negative feedback from the main control variable, core  $T_b$ , and a feedback (either

negative or positive) from the auxiliary variable, skin temperature ( $T_{sk}$ ). The use of auxiliary control allows the body to anticipate the thermal disturbances coming from the environment and to maintain the core  $T_b$  at a more stable level. By the same token, each thermoeffector is sensitive to a unique combination of shell and core temperatures (Jessen, 1981, 1985; Roberts, 1988; Sakurada et al., 1993; Ootsuka and McAllen, 2006), and each, therefore, defends a different level of a differently distributed  $T_b$  (Romanovsky, 2004, 2007a). Yet the activity of each thermoeffector affects the core  $T_b$ , which plays, therefore, an important role in coordinating different thermoeffector responses (Romanovsky, 2007a). In fact, coordination through the common (or overlapping) control variables may be sufficient to explain most, if not all, examples of coordinated recruitment of thermoeffectors in a response. This concept requires neither a neural computation of an integrated  $T_b$  nor a comparison with an obvious or hidden set point in a unified system. By acting on the thermoreceptive elements of a thermosensitive neuron, a local  $T_b$  (whether  $T_{sk}$  or core  $T_b$ ) can change the activity of this neuron and, sequentially, of the entire pathway that controls the thermoeffector synaptically linked to this neuron. As explained by Kobayashi and colleagues (Kobayashi, 1989; Okazawa et al., 2002), a thermosensitive neuron does not code its local temperature into an electric signal to be processed by the central control network. Instead, it is an element that generates a signal when the local  $T_b$  reaches this element's threshold; this signal then spreads by a neural pathway to drive an effector response. This design emphasizes the significance of the thermoreceptive elements of thermosensory neurons and gives these elements a principal role in determining whether a thermoeffector response will be triggered. Of special importance for this review is the idea that such thermoreceptive elements are likely to be thermo-TRP channels.

The thermoregulatory system also overlaps, or "meshes," with other control systems in multiple ways. Some relationships within meshed control systems seem "illogical" (Partridge, 1982), perhaps because we often do not understand them. Such relationships can be illustrated with the numerous reflexes in the body that adjust a physiological variable based on the information about a different, sometimes seemingly unrelated, variable. Examples of such reflexes are changes in BAT thermogenesis caused by stomach distension (Péteřvári et al., 2005), intraportal glucose (Sakaguchi and Yamazaki, 1988), or intraduodenal hypertonic saline (Osaka et al., 2002). Another example is the skin vasoconstriction response to colorectal distension (Laird et al., 2006). The nonthermal nature of some variables meshed with the thermoregulatory system is important for the discussion of the physiological roles of TRPV1 channels at the end of this review (section V.B.3). Behavioral thermoregulatory responses also involve elements of feed-forward control that use nonthermal signals (e.g., se-

lecting weather-appropriate clothes based on a weather forecast).

## B. Neural Pathways

*1. Afferent Pathways That Control Autonomic Thermoeffectors.* With a few exceptions (Kanosue et al., 2002; Egan et al., 2005; McAllen et al., 2006), human neural thermoregulatory pathways have not been studied and are largely unknown. In the rat, neural pathways for BAT thermogenesis, thermoregulatory skin vasoconstriction and vasodilation, shivering, and thermoregulatory salivation have been identified and characterized to various degrees over the last 2 decades. Although each effector response is controlled independently, neural pathways for different thermoeffectors, especially those for BAT thermogenesis and skin vasoconstriction, follow similar patterns (Fig. 1). The primary afferent neurons within all thermoeffector pathways are sensory neurons with cell bodies located in the dorsal-root ganglia (DRG) and the nodose and trigeminal ganglia (not shown in Fig. 1). Of the three broad physiological types of DRG neurons [i.e., mechanoreceptors, nociceptors, and thermoreceptors (Perl, 1992)], two types respond to thermal stimuli, either noxious (nociceptors) or innocuous (thermoreceptors). Most thermoreceptor endings are located immediately beneath the epidermis and respond to shell temperatures in the skin and in the oral and urogenital mucosa; most (but not all) of these superficial shell receptors are cold-sensitive [for review, see Nomoto et al. (2004)]. Temperature acts on the thermoreceptive elements (at least some of which are probably thermo-TRP channels) in the cutaneous nerve endings of the lightly myelinated  $A\delta$  (cold-sensitive) or unmyelinated C (warm-sensitive) fibers of DRG neurons that send their axons to secondary afferent neurons in lamina I of the spinal or medullary (trigeminal) dorsal horn (DH). Craig and colleagues (Andrew and Craig, 2001; Craig et al., 2001) have distinguished thermoreception-specific lamina-I neurons (i.e., those that respond to innocuous cooling or warming of the skin and are important in thermoregulation) from nociception-specific and polymodal nociceptive cells (which respond to noxious heat and cold and are important for pain processing). In addition to neurons that respond to innocuous cold and warmth in the shell, there are peripheral deep-tissue thermoreceptors that respond to core  $T_b$ . The sensory endings of these DRG and nodose-ganglion neurons are located on splanchnic and vagal afferents in the esophagus, stomach, large intra-abdominal veins, and other organs (Riedel, 1976; Cranston et al., 1978; Gupta et al., 1979; El Ouazzani and Mei, 1982). Although these deep  $T_b$  receptors differ from superficial sensors, they also mainly detect cold rather than warmth (Cranston et al., 1978; Gupta et al., 1979). Nevertheless, warmth-sensitive units certainly exist in the core and are relatively abundant in some organs (e.g., the mesentery) (Adelson et al., 1997).

Lamina-I DH neurons in the rat spinal cord transmit thermal signals from the skin (and potentially from

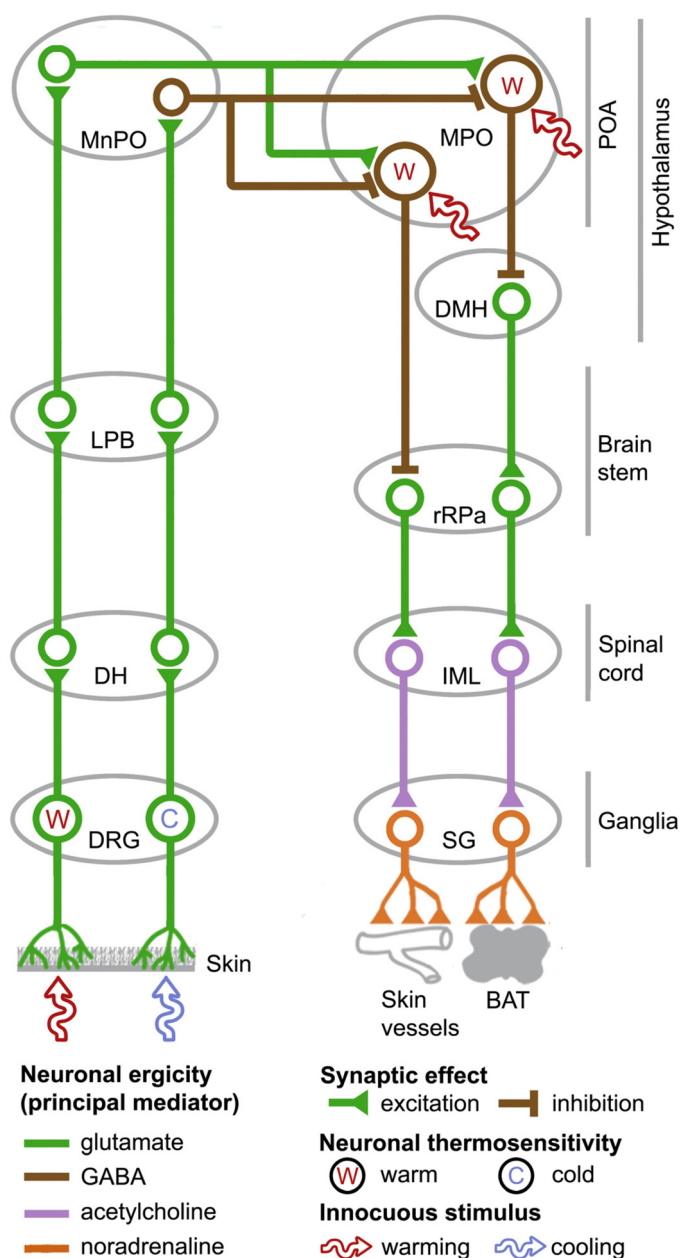


FIG. 1. A schematic of the afferent (the left portion of the figure) and efferent (the right portion) neural pathways underlying the BAT thermogenesis and cutaneous vasoconstriction responses to innocuous thermal stimulation of the skin. IML, intermediolateral column; SG, sympathetic ganglia. For detailed descriptions, see section II.B.

other shell and core tissues) to neurons in the lateral parabrachial nucleus (LPB) (Fig. 1). Within the LPB, most neurons activated by skin cooling are located in the external lateral part of the nucleus and in its central part (Nakamura and Morrison, 2008b). They send glutamatergic projections to GABA-ergic neurons in the median preoptic nucleus (MnPO) of the preoptic hypothalamic area (POA). These MnPO neurons, in turn, project to inhibit warm-sensitive GABA-ergic neurons in another POA structure, the medial preoptic area (MPO) (Nakamura and Morrison, 2008a,b). A parallel pathway for heat-defense responses to innocuous skin warming

has been proposed and shown to involve neurons located in the dorsal LPB (Nakamura and Morrison, 2007b). The finding that nanoinjection of glutamate antagonists into the MPO reduces the skin-warming-induced inhibition of spontaneous cutaneous vasoconstrictor activity of the sural nerve (K. Nakamura and S. F. Morrison, unpublished observation) suggests that there is a glutamatergic input to warm-sensitive MPO neurons within this parallel pathway, and we hypothesize (and are currently testing this hypothesis in a direct experiment) that this glutamatergic input comes from an MnPO neuron. Hence, in our current model for a pathway for the facilitation of heat-defense responses initiated by cutaneous warming, neurons in the dorsal LPB drive glutamatergic neurons in the MnPO to excite warm-sensitive GABA-ergic neurons in the MPO. For the control of skin vasomotor tone, the actual location of those neurons that are shown in Fig. 1 as warm-sensitive POA neurons may be in both the caudal MPO and caudal lateral preoptic area (Tanaka et al., 2009); for the sake of simplicity, however, we refer to all warm-sensitive POA cells within thermoeffector pathways as MPO cells.

2. *Efferent Pathways to Autonomic Thermoeffectors.* The abovementioned warm-sensitive MPO cells tonically suppress BAT thermogenesis and skin vasoconstriction (Osaka, 2004) and can be regarded as the first efferent neurons within the loops controlling these thermoeffectors. They send tonic inhibitory outputs to the dorsomedial hypothalamus (DMH) and the rostral raphe pallidus nucleus (rRPa), both of which provide a sympathoexcitatory drive for thermoeffector activation (Nakamura and Morrison, 2007a; Morrison et al., 2008; Rathner et al., 2008) (Fig. 1). In particular, the rRPa harbors sympathetic premotor neurons that send the essential excitatory input to spinal sympathetic preganglionic neurons for BAT thermogenesis and for cutaneous vasoconstriction (Smith et al., 1998; Cano et al., 2003; Nakamura et al., 2004). The rostral ventrolateral medulla also contains sympathetic premotor neurons influencing the sympathetic outflow to skin blood vessels (not shown in Fig. 1), and these neurons may be involved in cold-induced skin vasoconstriction (Ootsuka and McAllen, 2005). Although these neurons do not receive significant inhibitory input from MPO neurons (Tanaka et al., 2002), they could influence thermoregulatory responses to innocuous thermal stimulation of the skin by affecting the excitability of cutaneous vasoconstrictor sympathetic preganglionic neurons. Neurons in sites other than the DMH or rRPa can also influence BAT thermogenic responses. These sites (not shown in Fig. 1) include the locus ceruleus (LC) (Almeida et al., 2004), the paraventricular nucleus (Horn et al., 1994; Lu et al., 2001; Madden and Morrison, 2009), and some midbrain structures (for review, see Romanovsky et al., 2005; Romanovsky, 2007a).

On the efferent side, separation of the loops controlling BAT thermogenesis and skin vasoconstriction is depicted in Fig. 1. A BAT-specific population of warm-sensitive output neurons in the MPO projects to inhibit

BAT-specific sympathoexcitatory neurons in the DMH and possibly in the rRPa (Nakamura et al., 2002, 2005; Nakamura and Morrison, 2007a; Morrison et al., 2008), whereas a distinct, skin vasoconstriction-specific population of warm-sensitive MPO neurons projects to inhibit vasoconstriction-specific sympathetic premotor neurons in the rRPa (Nakamura et al., 2002, 2009; Rathner et al., 2008). Although effector-specific MPO or premotor neurons have yet to be identified, the following are among several observations that argue for the existence of effector-specific thermal efferent pathways. In an anesthetized rat preparation maintained at  $T_b$  between 36.5 and 38.5°C, the sympathetic outflow to BAT is silent, whereas that controlling rat tail cutaneous vasoconstriction is significantly activated (Ootsuka and McAllen, 2005; Morrison et al., 2008). Once a common respiration-related periodicity is removed, there is no coherence between the sympathetic activities driving BAT and rat tail cutaneous vasoconstriction (Ootsuka and McAllen, 2006). In addition, the sympathetic outflow to BAT depends on the activity of sympathoexcitatory neurons in the DMH (Zaretskaia et al., 2003; Madden and Morrison, 2004; Dimicco and Zaretsky, 2007), whereas the tail skin vasoconstrictor outflow does not (Rathner et al., 2008). It is also worth mentioning that the vasoconstrictor outflow to different areas of the skin is controlled by independent neural pathways (Tanaka et al., 2007).

3. *Pathways for Behavioral Thermoregulation.* Although the efferent neural pathways to all autonomic thermoeffectors and to skeletal muscles (shivering) include warm-sensitive MPO neurons (Nagashima et al., 2000; Romanovsky, 2007a), these neurons may not be involved in some thermoregulatory behaviors. The only mammalian thermoregulatory behavior that has been shown to involve the MPO is a relaxed postural extension in response to heat exposure; such postural extension does not occur in MPO-lesioned animals (Roberts and Martin, 1977). It is noteworthy that other thermoregulatory behaviors, such as moving to a “reward” (desired  $T_a$ ) zone or pressing a lever to trigger warming or cooling of the animal’s environment, remain intact in animals with preoptic lesions (Lipton, 1968; Carlisle, 1969; Satinoff and Rutstein, 1970; Schulze et al., 1981). In our study (Almeida et al., 2006b), large bilateral preoptic lesions (including the entire MPO) did not change cold- and warmth-seeking responses of rats to thermal (cold and heat exposure), chemical (TRPV1 and TRPM8 agonists), or inflammatory [low and high doses of bacterial lipopolysaccharide (LPS)] stimuli. Although MPO neurons are unlikely to be involved in most thermoregulatory behaviors, MnPO neurons may be involved in at least some [e.g., in the intensification of an operant thermoregulatory behavior (moving to a reward zone during heat exposure to receive a breeze of cold air) caused by hypertonic saline (Konishi et al., 2007)]. Overall, not much is known about the neural pathways un-

derlying thermoregulatory behaviors (Nagashima et al., 2000; Romanovsky, 2007b).

### III. Distribution of Transient Receptor Potential Vanilloid-1 Channels

#### A. Afferent Nerves

Considering the thermosensor role proposed long ago for the TRPV1 channel (Janicsó-Gábor et al., 1970b), the distribution of TRPV1 in afferent neurons is of particular interest. TRPV1 channels are markedly expressed in peripheral terminals of thin myelinated ( $A\delta$ ) and unmyelinated (C) fibers of neurochemically heterogeneous primary afferent neurons in the DRG and the trigeminal ganglion and of some peptidergic sensory neurons in the nodose ganglion (Szallasi et al., 1995; Caterina et al., 1997; Tominaga et al., 1998; Mezey et al., 2000). They are also expressed on the central terminals of the DRG, trigeminal, and nodose neurons (Szallasi et al., 1995; Tominaga et al., 1998; Guo et al., 1999). These primary sensory neurons innervate both the skin (of the trunk, limbs, and head) and visceral organs, thus resulting in an extremely wide distribution of TRPV1 channels associated with afferent neurons. Indeed, TRPV1 channels are present in at least 60% of the spinal nerve afferents servicing the upper gastrointestinal tract (GIT), large intestine, and urinary bladder, and in ~30% of the spinal afferents in the skin or skeletal muscles (Schicho et al., 2004; Hwang et al., 2005; Christianson et al., 2006). At least 20% of the vagal afferents innervating the upper GIT also contain the TRPV1 channel (Schicho et al., 2004; Zhang et al., 2004; Bielefeldt et al., 2006).

Thermoeffector responses are triggered by thermal exposures extensive enough to affect heat exchange between the body and the environment, and the wide distribution of TRPV1 channels throughout the thermal shell and core would be compatible with a physiologically significant thermoreceptor function. However, TRPV1 channels are located predominantly on polymodal nociceptors (Caterina et al., 1997, 2000). Sensory neurons from *Trpv1* knockout (KO) mice (i.e., those with a homozygous targeted null mutation in the *Trpv1* gene) have deficient responses to noxious stimuli: these mice show no vanilloid-evoked pain behavior, have little thermal hypersensitivity under conditions of inflammation, and are impaired in the detection of painful heat (Caterina et al., 2000). The sensitivity to noxious heat is also reduced in mice that continuously express the short hairpin RNAs that silence the *Trpv1* gene (Christoph et al., 2008). Furthermore, TRPV1 is a high-threshold thermo-TRP channel that opens in transfected cells in vitro at ~43°C (Caterina et al., 1997; Tominaga et al., 1998), which would be considered a very high  $T_b$ . Both in rodents (Story et al., 2003; Kobayashi et al., 2005; Hjerling-Leffler et al., 2007) and in humans (Anand et al., 2008), high-threshold heat-sensitive TRPV1 channels are largely coexpressed with high-threshold cold-sensi-

tive TRPA1 channels, and roles for both *TRPV1* and *TRPA1* gene polymorphisms in cold-pain and heat-pain sensitivity in humans have been proposed (Kim et al., 2004, 2006). All these data make TRPV1-expressing neurons good candidates for detecting noxious thermal stimuli of both “modalities” (i.e., heat and cold) rather than innocuous thermal stimuli that would trigger thermoeffector responses of a particular modality (e.g., heat-defense responses). TRPV1 channels on nociceptors can also be involved in cutaneous vasodilation in response to local warming (Stephens et al., 2001), which is not mediated by the same population of nerve fibers that mediate active vasodilation in response to whole-body warming (Kellogg et al., 1995). Despite all these data, an involvement of TRPV1-expressing polymodal sensory neurons in thermoregulatory responses, especially at a high  $T_b$ , cannot be ruled out completely. For example, TRPV1 channels expressed on sensory neural fibers within intercostal nerves have been shown to respond to high (40–44°C) temperatures in the interscapular BAT, the tissue innervated by these fibers, and have been proposed to mediate the inhibition of BAT thermogenesis by high local temperatures (Osaka et al., 1998).

### B. The Preoptic Hypothalamus

Early studies by Jancsó-Gábor and colleagues (Jancsó-Gábor et al., 1970a; Szolcsányi et al., 1971) indicated that the POA may be the site of the hypothermic action of CAP, the first and most widely used TRPV1 agonist (section IV.B), and the presence of CAP-responsive structures in the POA was proposed. Later, the TRPV1 channel was shown by some authors to be widely distributed in the brain (Starowicz et al., 2008), with high levels of transcripts of the *Trpv1* gene found in the hypothalamus (Sasamura et al., 1998; Mezey et al., 2000). At the protein level, weak TRPV1-like immunoreactivity was detected in rat anterior hypothalamic nuclei (Mezey et al., 2000), whereas resiniferatoxin (RTX), a highly potent TRPV1 agonist, was shown to bind specifically to membranes prepared from rat or human POA tissue (Acs et al., 1996). At least some CAP-sensitive terminals in the POA may be glutamatergic, because CAP causes glutamate release in hypothalamic slices (Sasamura et al., 1998) and enhances the frequency of spontaneous glutamatergic excitatory postsynaptic potentials in MPO neurons by acting both at the immediate presynaptic site and remotely on neurons projecting to the MPO neurons (Karlsson et al., 2005). Because glutamatergic input to warm-sensitive MPO neurons is proposed to come from MnPO glutamatergic interneurons in the afferent pathway stimulated by skin warming (Fig. 1), a potential mechanism through which CAP could induce hypothermia would arise from an action on the MnPO interneurons—if these neurons express the TRPV1 channel. CAP has also been shown to increase the frequency of GABA-ergic inhibitory postsynaptic potentials in MPO neurons by acting presynaptically (Karlsson et al., 2005), but whereas facilitation of excitatory synaptic

transmission is typical for CAP (Doyle et al., 2002; Jennings et al., 2003), an enhancement of inhibitory synaptic transmission by this substance is a rare finding. Such an action of CAP would agree with the location of TRPV1 channels on GABA-ergic MnPO neurons within the cutaneous cooling-sensitive pathway that projects to warm-sensitive MPO neurons (Fig. 1). However, the activation of TRPV1 channels on these GABA-ergic MnPO neurons should trigger cold-defense responses and lead to hyperthermia, not hypothermia.

Many authors of the early studies of the thermoregulatory effect of CAP thought that CAP-sensitive neurons in the POA play a thermosensory role (Szolcsányi et al., 1971; Hori and Shinohara, 1979; Dib, 1982), which would mean that warm-sensitive MPO neurons express TRPV1 channels and that these TRPV1 channels determine, at least in part, the neuronal sensitivity to local temperature. However, CAP does not seem to act on MPO neurons directly, because no electrophysiological evidence exists for the presence of postsynaptic CAP-sensitive receptors on these neurons (Karlsson et al., 2005). Furthermore, TRPV1 channels are probably not involved in POA mechanisms of thermosensitivity. Indeed, when POA neurons are exposed to different temperatures, the effects evoked (changes in brief ionic currents of the depolarizing prepotential) are different from the TRP-mediated effects (changes in the resting membrane potential) (Zhao and Boulant, 2005; Boulant, 2006), even though some authors think that mechanisms of central thermosensitivity may be compatible with participation of neuronal thermo-TRP channels (Kobayashi et al., 2006). Moreover, when ruthenium red, a nonselective TRPV1 antagonist, was applied to MPO slices in vitro, it did not reduce the thermosensitivity of warm-sensitive MPO neurons (Unger et al., 2008). Furthermore, a recent study with cDNA from individually characterized warm-sensitive, presumably GABA-ergic (glutamic acid decarboxylase-expressing) neurons from mouse POA found no evidence of expression of thermo-TRP channels in these cells (I. V. Tabarean, J. Eberwine, B. Conti, and T. Bartfai, personal communication).

It should also be mentioned that  $T_b$  values close to the in vitro threshold temperature for activation of the TRPV1 channel (>42°C) are very rarely seen in vivo, even in febrile patients (DuBois, 1949). Such temperatures are dangerous: maintaining brain temperature at ~43°C for more than 1 h results in necrotic lesions and neuronal loss (Britt et al., 1983; Matsumi et al., 1994). Although even higher core  $T_b$  values have been reported (on some occasions as high as 45–47°C), such reports are rare and typically refer to measurements at extracerebral sites in severe pathological conditions, including lethal heatstroke (Hart et al., 1982), malignant hyperthermia of anesthesia (Simon, 1993), or certain drug intoxications in humans (Clark and Lipton, 1984). Under normal conditions, brain temperature is at least 5°C lower than the in vitro activation threshold of the TRPV1 channel. For the sake of objectivity, we should add that the in vivo

activation threshold temperature for the TRPV1 channel may be substantially lower than that found in vitro (see section IV.E.3).

### C. Brain Structures outside the Preoptic Hypothalamus

TRPV1 channels may also be present in the structures that harbor premotor neurons of the thermoregulatory pathways (section II.B.2). Reverse transcriptase-polymerase chain reaction detects TRPV1 mRNA widely throughout the brain (Sasamura et al., 1998), and immunohistochemistry reveals a TRPV1-like protein in the LC, the raphe area, and (to a lesser extent) the DMH and the paraventricular nucleus (Mezey et al., 2000). Furthermore, CAP has been reported to induce cutaneous vasodilation and hypothermia after microinjection in the dorsal raphe (Hajós et al., 1987). [<sup>3</sup>H]RTX binds to membranes from both rat and human LC (Acs et al., 1996), and systemic administration of CAP at low doses causes marked excitation of LC neurons (Hajós et al., 1988). However, [<sup>3</sup>H]RTX autoradiography in rat brain sections (not in membrane preparations) failed to detect any specific labeling (Szallasi et al., 1995), with the exception of the nucleus of the solitary tract, a central termination site for nodose-ganglion neurons. Furthermore, Northern blot hybridization performed with total RNA isolated from the whole rat brain also failed to detect TRPV1 mRNA (Caterina et al., 1997). Overall, the physiological relevance and even the existence of TRPV1 neurons in most extrahypothalamic structures have been debated.

### D. Peripheral Non-Neural Tissues

The TRPV1 channel is also expressed in a variety of peripheral non-neural tissues (Szallasi et al., 2006), which raises the possibility of a direct action of TRPV1 agonists at the thermoeffector-tissue level. Indeed, direct action of TRPV1 agonists on vascular smooth muscle cells can cause vasodilation in the skin and vasoconstriction in skeletal muscles (Kark et al., 2008). Recent data from *Trpv1* KO mice also suggest that this channel may be involved in the development of obesity by inhibiting thermogenesis (Motter and Ahern, 2008), perhaps nonshivering thermogenesis in BAT. However, the exact opposite role for TRPV1 channels in obesity (i.e., the prevention of adipogenesis) has also been proposed (Zhang et al., 2007). Furthermore, no data have been found that would show a direct involvement of the TRPV1 channel in thermogenesis in brown adipocytes, even though TRPV1 is expressed in preadipocytes and in visceral adipose tissue in mice and humans (Zhang et al., 2007). Because vasodilation in BAT is important for the thermogenic function (Cannon and Nedergaard, 2004), the possibility of a TRPV1 involvement in BAT thermogenesis secondary to a vascular action cannot be ruled out. It should be noted, however, that the level of TRPV1 channel expression in afferent neurons is at least 30 times higher than that in any other cell

population (Sanchez et al., 2001), which to some extent questions the physiological relevance of non-neuronal TRPV1 channels. It should also be noted that at least some reports of TRPV1 expression at the protein level in non-neuronal tissues (e.g., the urothelium) are likely to be false-positive, because several anti-TRPV1 antibodies have been shown to cause an aspecific immunostaining in bladder tissue of rats and mice (Everaerts et al., 2009).

## IV. Transient Receptor Potential Vanilloid-1 Pharmacology of Thermoregulation

### A. Endogenous Ligands and Pharmacological Agonists of the Transient Receptor Potential Vanilloid-1 Channel

In addition to being activated by heat and low pH extracellularly and by high pH intracellularly (Dhaka et al., 2009), the TRPV1 channel is also activated intracellularly by molecular ligands. Some (but not all) of these ligands contain the vanillyl (also known as vanilloyl) functional group and, therefore, are referred to as vanilloids. In fact, the vanilloids gave the name to this channel. Because the most widely known vanilloid is CAP, the principal irritating and pungent constituent of various species of hot peppers (Nelson, 1919), the TRPV1 channel was previously called the “CAP receptor.” Another naturally occurring, exogenous vanilloid TRPV1 agonist—perhaps less well known but  $10^2$  to  $10^5$  times more potent than CAP—is RTX, a compound found in the plant genus *Euphorbia* (Szallasi and Blumberg, 1989). Endogenous TRPV1 agonists also exist, but their physiological relevance is still unclear. The list of endogenous agonists includes arachidonylethanolamide (AEA, or anandamide), oleylethanolamide (OEA), *N*-arachidonoyldopamine (NADA), *N*-oleoyldopamine (OLDA), several lipoxygenase products, and others (Movahed et al., 2005; Pingle et al., 2007). Structures of several endogenous agonists and those of CAP and RTX are shown in Table 1. The  $EC_{50}$  values for most endogenous TRPV1 agonists are high (usually in the micromolar range), but some (e.g., NADA) have a potency in the nanomolar range, which is comparable with that of CAP (Di Marzo et al., 2002; Huang et al., 2002; Chu et al., 2003) (Table 2). Although those endogenous TRPV1 agonists that have higher  $EC_{50}$  values are unlikely to reach effective systemic concentrations, it is still plausible that they can achieve physiologically relevant local concentrations in some tissues. For instance, OEA, a lipid mediator of satiety (Lo Verme et al., 2005), is present in the intestinal wall at concentrations comparable with its  $EC_{50}$  value against the TRPV1 channel (Fu et al., 2007). AEA, NADA, and OEA have been reported to cause hypothermia when administered systemically to rats and mice at milligram doses (Table 2). However, studies of the effects of endogenous TRPV1 agonists on  $T_b$  are scarce and typ-



TABLE 1  
TRPV1 agonists

Common Name	IUPAC Name	Structure
<i>N</i> -Arachidonylethanolamine (anandamide)	(5 <i>Z</i> ,8 <i>Z</i> ,11 <i>Z</i> ,14 <i>Z</i> )- <i>N</i> -(2-hydroxyethyl)-5,8,11,14-icosatetraenamide	
<i>N</i> -Arachidonoyldopamine	(5 <i>Z</i> ,8 <i>Z</i> ,11 <i>Z</i> ,14 <i>Z</i> )- <i>N</i> -(2-(3,4-Dihydroxyphenyl)ethyl)-5,8,11,14-icosatetraenamide	
<i>N</i> -Oleoylethanolamide	(9 <i>Z</i> )- <i>N</i> -(2-Hydroxy-ethyl)-9-octadecenamide	
<i>N</i> -Oleoyldopamine	(9 <i>Z</i> )- <i>N</i> -(2-(3,4-Dihydroxyphenyl)ethyl)-9-octadecenamide	
2-Arachidonoylglycerol	2-Hydroxy-1-(hydroxymethyl)ethyl (5 <i>Z</i> ,8 <i>Z</i> ,11 <i>Z</i> ,14 <i>Z</i> )-5,8,11,14-icosatetraenoate	
12( <i>S</i> )-HpETE	(5 <i>Z</i> ,8 <i>Z</i> ,10 <i>E</i> ,12 <i>S</i> ,14 <i>Z</i> )-12-Hydroperoxy-5,8,10,14-icosatetraenoic acid	
15( <i>S</i> )-HpETE	(5 <i>Z</i> ,8 <i>Z</i> ,11 <i>Z</i> ,13 <i>E</i> ,15 <i>S</i> )-15-Hydroperoxy-5,8,11,13-icosatetraenoic acid	
5( <i>S</i> )-HETE	(5 <i>S</i> ,6 <i>E</i> ,8 <i>Z</i> ,11 <i>Z</i> ,14 <i>Z</i> )-5-Hydroxy-6,8,11,14-icosatetraenoic acid	
Leukotriene B <sub>4</sub>	(5 <i>S</i> ,6 <i>Z</i> ,8 <i>E</i> ,10 <i>E</i> ,12 <i>R</i> ,14 <i>Z</i> )-5,12-Dihydroxy-6,8,10,14-icosatetraenoic acid	
Capsaicin	(6 <i>E</i> )- <i>N</i> -(4-Hydroxy-3-methoxybenzyl)-8-methyl-6-nonenamide	
Resiniferatoxin	4-Hydroxy-3-methoxy-[(2 <i>S</i> ,3 <i>aR</i> ,3 <i>bS</i> ,6 <i>aR</i> ,9 <i>aR</i> ,9 <i>bR</i> ,10 <i>R</i> ,11 <i>aR</i> )-3 <i>a</i> ,3 <i>b</i> ,6,6 <i>a</i> ,9 <i>a</i> ,10,11,11 <i>a</i> -octahydro-6 <i>a</i> -hydroxy-8,10-dimethyl-11 <i>a</i> -(1-methylethenyl)-7-oxo-2-(phenylmethyl)-7 <i>H</i> -2,9 <i>β</i> -epoxyazuleno[5,4- <i>e</i> ]-1,3-benzo-dioxol-5-yl]-benzeneacetate	

ically do not deal with thermoregulatory mechanisms. Most insights into the potential role, or roles, of the TRPV1 channel in thermoregulation came from studies involving the pharmacological TRPV1 agonists CAP and RTX. These studies are discussed in the sections below.

### B. Thermoregulatory Effects of Transient Receptor Potential Vanilloid-1 Agonists: Acute Effects

1. *Effect on Body Temperature.* The immediate effects of the first administration of CAP or RTX on  $T_b$  regulation (the subject of this section) are different from the delayed effects and from those after repeated admin-

istration of these drugs (section IV.C.). Upon the first administration per os, subcutaneously, intramuscularly, intraperitoneally, intravenously, intrathecally, intracerebroventricularly, or into the POA in a variety of species (i.e. mice, rats, guinea pigs, ground squirrels, rabbits, ferrets, goats, dogs, and cats), CAP and RTX cause hypothermia (for review, see Hori, 1984; Szallasi and Blumberg, 1999; Szolcsányi, 2004; Caterina, 2007; see also Table 2 and Figs. 2 and 3). Some species (rabbits and ground squirrels) are less sensitive than others (mice, rats, and cats) (Hori, 1984), and, according to most studies, the avian species are highly insensitive to the hypothermic action (and the nonthermoregulatory

TABLE 2  
*TRPV1 agonists: their potencies and their effects on deep  $T_b$  in rats and mice.*

Name	In Vitro: EC <sub>50</sub> in Different Species			In Vivo: Effect on Deep $T_b$		
	Rat	Mouse	Human	Species	Dose and Route	Effect
	<i>nM</i>	<i>nM</i>	<i>nM</i>		<i>mg/kg</i>	
AEA	350–1560 <sup>a,c</sup>	3000 <sup>d</sup>	520–550 <sup>c,e,f</sup>	Rat	10–20 i.p.	↓ <sup>g</sup>
NADA	48 <sup>c</sup>	—	26–63 <sup>c,e,j</sup>	Mouse	10–40 i.v.	↓ <sup>h,i</sup>
OEA	2000 <sup>f</sup>	—	—	Mouse	10 i.p.	↓ <sup>k</sup>
				Rat	20 i.v.	↓ <sup>m</sup>
				Mouse	10 i.v.	↓ <sup>i</sup>
OLDA	1800 <sup>n</sup>	258 <sup>o</sup>	36 <sup>j</sup>	—	—	—
CAP	10–42 <sup>a-c,n</sup>	9–300 <sup>d,o</sup>	19–34 <sup>c,e,f,j</sup>	Rat	Varied	↓ <sup>p</sup>
				Mouse	1–15 s.c.	↓ <sup>q</sup>
RTX	0.17 <sup>a</sup>	0.15 <sup>o</sup>	—	Rat	Varied	↓ <sup>p</sup>
				Mouse	0.0005–0.02 i.p., s.c.	↓ <sup>r</sup>

↓, decrease in deep  $T_b$ ; —, not studied.

<sup>a</sup> Ross et al. (2001).

<sup>b</sup> Di Marzo et al. (2001).

<sup>c</sup> Huang et al. (2002).

<sup>d</sup> Roberts et al. (2002).

<sup>e</sup> De Petrocellis et al. (2000).

<sup>f</sup> De Petrocellis et al. (2001).

<sup>g</sup> Crawley et al. (1993).

<sup>h</sup> Adams et al. (1998); Wiley et al. (2006).

<sup>i</sup> Watanabe et al. (1999).

<sup>j</sup> Chu et al. (2003).

<sup>k</sup> Bisogno et al. (2000).

<sup>l</sup> Ahern (2003).

<sup>m</sup> Proulx et al. (2005). The effect on deep  $T_b$ , although not measured in this study, is an assumption based on the measured effect on heat expenditure.

<sup>n</sup> Szolcsányi et al. (2004).

<sup>o</sup> Correll et al. (2004).

<sup>p</sup> For review and references, see section IV.B.1.

<sup>q</sup> de Vries and Blumberg (1989); Caterina et al. (2000).

<sup>r</sup> de Vries and Blumberg (1989); Steiner et al. (2007).

actions) of CAP (Mason and Maruniak, 1983; Pierau et al., 1986; Szolcsányi et al., 1986). The insensitivity of the avian TRPV1 channel to CAP allows birds to feed on hot peppers and disseminate pepper seeds (Jordt and Julius, 2002). It has been reported that ducks tolerate a cumulative intravenous dose of CAP as high as 1 g/kg without any apparent thermoregulatory changes or signs of distress (Geisthövel et al., 1986). However, a relatively low dose of CAP (10 mg/kg i.v.) has been shown to cause hypothermia in chickens (Mahmoud et al., 2007).

Not all effects of CAP are TRPV1-mediated. For example, CAP inhibits prostaglandin (PG) E<sub>2</sub> production by LPS-stimulated macrophages in a TRPV1-independent way (Kim et al., 2003), and CAP pretreatment is thought to affect LPS fever in rats (Dogan et al., 2004) and birds (Mahmoud et al., 2007) and LPS hypothermia in birds (Nikami et al., 2008) via a TRPV1-independent mechanism. It was important, therefore, to determine in direct experiments whether the hypothermic responses to CAP and RTX require the presence of the TRPV1 channel. Such experiments have been conducted (Fig. 2) and have shown that the hypothermic responses to CAP (Caterina et al., 2000) and RTX (Steiner et al., 2007) do not occur in mice with the *Trpv1* gene knocked out. It has also been shown that CAP-induced hypothermia does not occur in mice that continuously express a short hairpin RNA that permanently silences the *Trpv1* gene (Christoph et al., 2008).

**2. Thermoeffector Pattern.** The thermoeffector pattern of hypothermia caused by TRPV1 agonists varies and can involve both autonomic and behavioral thermoeffectors

(Hori, 1984; Szolcsányi, 2004). Figure 3 shows that the hypothermic responses to RTX can occur via skin vasodilation [an increase in the heat loss index (HLI); Fig. 3A], suppression of thermogenesis (a decrease in the oxygen consumption; Fig. 3A), and cold-seeking behavior (a decrease in the preferred  $T_a$ ; Fig. 3B). Likewise, CAP-induced hypothermia can involve skin vasodilation, thermoregulatory salivation, and inhibition of metabolic heat production (Szolcsányi and Jancsó-Gábor, 1973), as well as innate behavioral responses [such as cold-seeking behavior in a thermogradient apparatus (Szekely, 1986)] and learned operant behaviors [such as an increase in the frequency of pressing a lever (if such pressing triggers ambient cooling) or a decrease in the frequency of pressing a lever (if it triggers ambient heating)] (Hori, 1984). It has also been reported that hyperthermia may follow CAP-induced hypothermia (Kobayashi et al., 1998; Osaka et al., 2000), and that both CAP and RTX, even though they cause skin vasodilation to increase heat loss, can also activate metabolism to increase heat production (Watanabe et al., 1988; Kobayashi et al., 1998). This paradoxical hyperthermic effect could be explained by the facilitation of GABA-ergic inhibitory signaling (Karlsson et al., 2005) between MnPO neurons within the cutaneous cooling pathway and warm-sensitive MPO cells (Fig. 1). It is also possible that the paradoxical increase in the metabolic rate is unrelated to TRPV1, because ruthenium red does not block this effect (Okane et al., 2001).

**3. Site of Action: The Preoptic Hypothalamus.** There is no consensus in the literature as to whether the hypothermic response to systemically administered

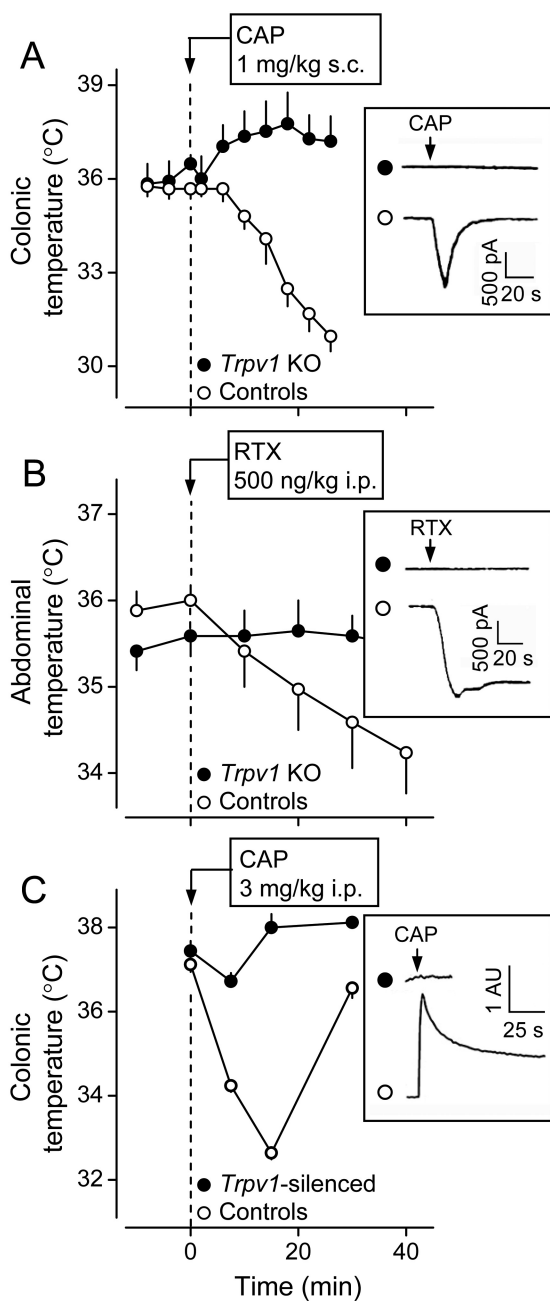


FIG. 2. CAP- or RTX-induced hypothermia occurs neither in *Trpv1* KO mice nor in transgenic mice with the *Trpv1* gene silenced by short hairpin RNAs. A, effects of CAP (1 mg/kg s.c.) on colonic temperature in *Trpv1* KO and control mice. B, effects of RTX (500 ng/kg i.p.) on abdominal temperature in *Trpv1* KO and control mice. C, effects of CAP (3 mg/kg i.p.) on colonic temperature in transgenic (*Trpv1*-silenced) and control mice. In A and B, the insets show whole-cell patch-clamp recordings from cultured DRG neurons of *Trpv1* KO and control mice. Cells from the KO animals did not respond with a typical inward cationic current to CAP (A) or RTX (B). The inset in C shows changes in the intracellular  $Ca^{2+}$  concentration in cultured DRG neurons from transgenic (*Trpv1*-silenced) and normal mice. Cells from the transgenic animals did not respond to CAP. [A and the inset in B are modified from Caterina MJ, Leffler A, Malmberg AB, Martin WJ, Trafton J, Petersen-Zeit KR, Koltzenburg M, Basbaum AI, and Julius D (2000) Impaired nociception and pain sensation in mice lacking the capsaicin receptor. *Science* 288:306–313. Copyright © 2000 American Association for the Advancement of Science. The graph in B is modified from Steiner AA, Turek VF, Almeida MC, Burmeister JJ, Oliveira DL, Roberts JL, Bannon AW, Norman MH, Louis JC, Treanor JJ, et al. (2007) Nonthermal activation of transient receptor potential vanilloid-1 channels in abdominal viscera tonically inhibits autonomic cold-defense effectors. *J Neurosci* 27:7459–7468. Copyright © 2007 Society for Neuroscience. C is modified from Christoph T,

TRPV1 agonists is mediated primarily by their action on peripheral or central TRPV1 channels. However, the evidence in support of the central mediation hypothesis is stronger. This hypothesis is feasible because peripherally administered CAP crosses the blood-brain barrier (BBB) (Saria et al., 1982; Miller et al., 1983) and because the mode of action of CAP on POA neurons and the neuromediator profile of neurons affected by CAP (Sasamura et al., 1998; Karlsson et al., 2005) suggest that TRPV1 agonists act on the glutamatergic MnPO neurons within the cutaneous warming pathway (Fig. 1), an action that would cause hypothermia. The following two pieces of evidence unequivocally support the central mediation hypothesis. First, CAP causes hypothermia when administered directly into the POA of rats at doses as low as 200 ng (for references, see Hori, 1984), whereas the lowest intravenous dose reported to cause hypothermia in the same species is  $\sim 5 \mu\text{g}$  (Donnerer and Lembeck, 1983) (i.e., at least 25 times higher). Second, rats with decreased hypothalamic sensitivity to CAP after the initial intrahypothalamic injection of CAP (see section IV.C.1) show a reduced hypothermic response to a subsequent systemic (subcutaneous) administration of CAP (Jancsó-Gábor et al., 1970b).

Other pieces of evidence that are often cited to support the central mediation hypothesis are less convincing because they leave more room for alternative interpretations. For example, subcutaneous CAP was reported to excite warm-sensitive POA neurons (Nakayama et al., 1978; Hori and Shinohara, 1979; Hori, 1984), but such an excitation could have occurred secondarily to an action on any part of the afferent thermoeffector pathways (Fig. 1). In a study by Szolcsányi and Jancsó-Gábor (1975), electrolytic lesioning of the POA reduced the hypothermic response to subcutaneous CAP, but this finding still does not allow one to distinguish a direct action on POA neurons from a secondary involvement of these cells. Further complicating the interpretation of these data, electrolytic lesioning of the POA in the study by Szolcsányi and Jancsó-Gábor (1975) did not eliminate the response to peripheral CAP completely, possibly because the lesions were partial and did not completely abolish all groups of POA neurons, or because the unrestrained rats used in this study were able to mobilize some behavioral thermoregulatory responses. Indeed, even those MPO lesions that strongly attenuate autonomic thermoeffector responses do not affect cold- and warmth-seeking behaviors, including the cold-seeking behavior caused by intravenous RTX (Almeida et al., 2006b). Finally, the incomplete blockade of CAP-induced hypothermia in POA-lesioned rats can also indicate an

Bahrenberg G, De Vry J, Englberger W, Erdmann VA, Frech M, Kögel B, Röhl T, Schiene K, Schröder W, et al. (2008) Investigation of TRPV1 loss-of-function phenotypes in transgenic shRNA expressing and knock-out mice. *Mol Cell Neurosci* 37:579–589. Copyright © 2008 Elsevier. All images used with permission.]

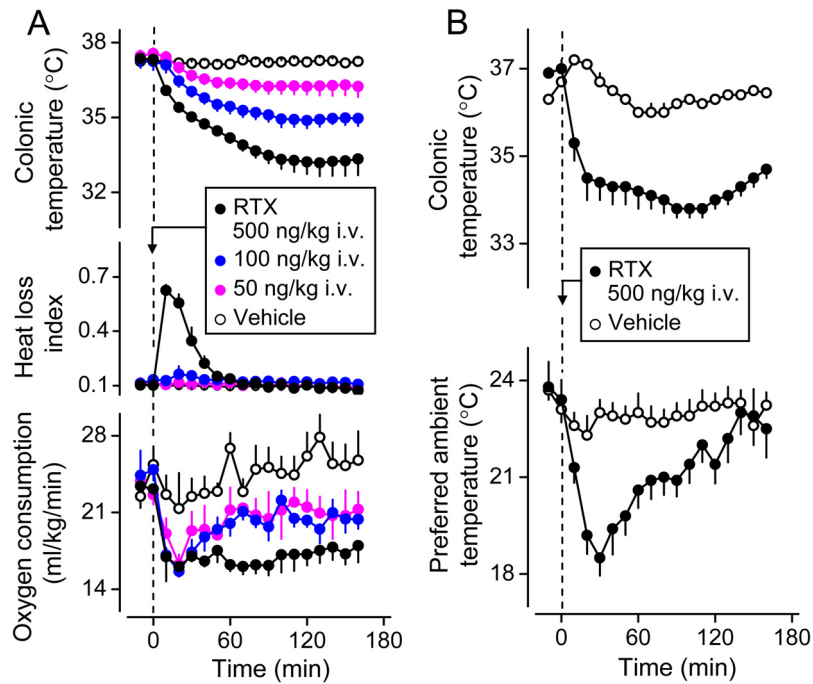


FIG. 3. Recruitment of autonomic and behavioral thermoeffector in the hypothermic response of rats to RTX. A, peripheral administration of RTX (500 ng/kg i.v.) causes hypothermia (a decrease in colonic temperature), tail skin vasodilation (an increase in the HLI), and an inhibition of thermogenesis (a reduction in oxygen consumption). The HLI is calculated according to the formula:  $HLI = (T_{sk} - T_a)/(T_b - T_a)$ ; it changes between 0 (maximal skin vasoconstriction) and some value that depends on the tail thermocouple position but is smaller than 1.0 (maximal vasodilation) (Romanovsky et al., 2002). A reports original data obtained in catheterized (jugular vein) male Wistar rats placed in a thermocouple-respirometry setup; all the methods involved are described elsewhere (Steiner et al., 2007). The protocol was approved by the St. Joseph's Hospital and Medical Center Animal Care and Use Committee. The data are shown as means  $\pm$  S.E.; the number of rats in each group was five. B, RTX treatment (500 ng/kg i.v.) lowers abdominal temperature and induces cold-seeking behavior (a decrease in the preferred  $T_a$  in a thermogradient apparatus). [B is modified from Almeida MC, Steiner AA, Branco LG, and Romanovsky AA (2006) Cold-seeking behavior as a thermoregulatory strategy in systemic inflammation. *Eur J Neurosci* 23:3359–3367. Copyright © 2006 Wiley-Blackwell. Used with permission.]

action on the thermoeffector pathways downstream from the POA. An involvement of neurons in the mid-brain and in some pontomedullary structures, such as the dorsal raphe nucleus, in the thermoregulatory response to CAP has been proposed (Rabe et al., 1980; Hori, 1984; Hajós et al., 1987, 1988), even though such involvement does not necessarily imply a direct action.

Several authors suggest that a contribution of a peripheral action of TRPV1 agonists to the hypothermic response cannot be excluded (Dib, 1983; Donnerer and Lembeck, 1983; Osaka et al., 1998). However, an action in a single thermoeffector tissue (e.g., skin vasculature) cannot explain the involvement of multiple effectors (Fig. 3). A peripheral action that would explain the multiple thermoeffector involvement would fall within the afferent thermoregulatory pathways (e.g., on primary sensory neurons), but a substantial presence of TRPV1 channels on afferents involved in responses to innocuous heat seems questionable (section III.A).

**4. Observations in Humans.** It is widely known that the acute effects of CAP self-administration in humans (by consuming hot red pepper) include gustation-evoked sweating (Lee, 1954). This response together with evidence that people living closer to the equator prefer their food hotter than those living in cooler climates (Szallasi and Blumberg, 1999) gave rise to the theory that eating spicy food helps combat the environmental heat via

sweating. However, in addition to causing sweating, hot red pepper also exaggerates the thermogenic response to a meal, a phenomenon known as spice-induced thermogenesis (Henry and Emery, 1986). Both hot red pepper and capsiate, a nonpungent TRPV1 agonist, have also been reported to increase oxygen consumption and deep  $T_b$  (Ohnuki et al., 2001; Hachiya et al., 2007). The dual effect of TRPV1 agonist consumption on human thermoregulation [i.e., the stimulation of both heat loss (sweating) and heat production (thermogenesis) mechanisms] makes interpretation of these data difficult. An even greater difficulty is that the chronic effects of CAP (TRPV1 desensitization; see section IV.C.1) differ drastically from the acute effects (activation of TRPV1 channels). Hence, even if the consumption of hot pepper is indeed driven by the thermoregulatory effects of CAP, it is unclear whether the driving mechanism is an acute increase in heat loss or a chronic deactivation of neural pathways for heat-defense mechanisms. Furthermore, CAP is metabolized by the liver, and the oral administration of this vanilloid (which delivers CAP to the liver via the portal circulation) is poorly suited for achieving high concentrations in the nervous system (Donnerer et al., 1990; Reilly et al., 2003). It is plausible that people living in hot climates consume more spicy foods simply because more spicy plants grow in such climates and are, therefore, available for greater consumption.

### C. Thermoregulatory Effects of Transient Receptor Potential Vanilloid-1 Agonists: Chronic Effects

1. *Desensitization.* The delayed effects and the effects of repeated administration of TRPV1 agonists were termed by Jancsó and Jancsó (1949) as desensitization. In general, this term is used to describe a state of CAP- or RTX-induced neuronal insensitivity to exogenous or endogenous vanilloids, and to other stimuli that would normally activate TRPV1-expressing neurons (e.g., noxious heat) (Szallasi and Blumberg, 1999). Different authors apply this term not only to the TRPV1-expressing neurons, but also to the TRPV1 channels responsible for the desensitization phenomenon, to the neural structures that contain the desensitized neurons, or to the entire animal possessing such desensitized neural structures. Having survived many attempts to introduce more accurate terminology, the term continues to unite several different conditions varying from TRPV1 agonist-induced conformational changes in the channel to the death of TRPV1-expressing neurons (Szallasi and Blumberg, 1999). Regardless of the underlying mechanisms, TRPV1 channels pretreated with CAP or RTX no longer respond to stimuli that normally activate them. Hence, the administration of TRPV1 agonists and consequent desensitization can be used as a tool to assess the functional importance of TRPV1 channels (as well as of the neurons or neural structures that express TRPV1).

To cause TRPV1 desensitization in laboratory animals, CAP or RTX is administered systemically (subcutaneously or intraperitoneally) often by use of several escalating doses, at a cumulative dose of 30 to 900 mg/kg for CAP or 200  $\mu$ g/kg for RTX. Some effects of desensitization, e.g., responses to POA heating, depend on the animal's age at the time of the administration of the desensitizing dose of a TRPV1 agonist and on the desensitizing dose itself. In rats desensitized with lower (e.g., 50 mg/kg) doses of CAP as adults or with lower (50 mg/kg) or higher ( $\sim$ 735 mg/kg) doses as neonates, the responses to localized POA heating are normal (Dib, 1983; Obal et al., 1983). However, in rats desensitized with higher (120–300 mg/kg) doses of CAP as adults, the responses to POA heating are abolished (Jancsó-Gábor et al., 1970b; Obal et al., 1983). These data suggest that the difference between animals desensitized at different ages and with different doses of systemic CAP is in the functional preservation or impairment of POA neurons that respond to local warming (see also section IV.C.5). It is unknown why some POA neurons are functional in animals treated with CAP as neonates, and it has been proposed that these neurons either “escape” or “survive” the neonatal CAP treatment or that they develop at later stages of the ontogenesis (Szolcsányi, 1990; Holzer, 1991). However, because POA neurons of rat pups treated with even lower doses of systemic CAP (75–100 mg/kg) show marked signs of degeneration 6 h after treatment (Ritter

and Dinh, 1992), and because neurons throughout the brain are more sensitive to CAP in the neonatal period than in adulthood (Joó et al., 1969; Jancsó and Király, 1981; Buck and Burks, 1986; Ritter and Dinh, 1990, 1992), the de novo development scenario seems more likely. Proliferation and differentiation of neuronal progenitor cells and their migration to the POA occur even in the brain of adult rats (Matsuzaki et al., 2009), and these processes can be expected to be more intensive during the neonatal period.

2. *Effect of Transient Receptor Potential Vanilloid-1 Desensitization on Basal Body Temperature.* Delayed effects of treatment with large doses of systemic CAP on deep  $T_b$  of laboratory animals were investigated in many studies (Table 3). Whenever experiments were performed within the first few days after CAP administration in adult rats, an increased deep  $T_b$  (by up to 1.9°C, but usually by just a few tenths of a degree) and skin vasoconstriction (whenever  $T_{sk}$  was measured) were found (Jancsó-Gábor et al., 1970a; Szolcsányi and Jancsó-Gábor, 1973; Székely and Szolcsányi, 1979; Szikszay et al., 1982). However, no consistent changes in either deep  $T_b$  or  $T_{sk}$  were found when experiments were performed 10 days or later after CAP administration to adult or newborn animals:  $T_b$  either decreased, increased, or did not change at all, and either vasodilation, vasoconstriction, or normal cutaneous vasomotor tone was revealed (Table 3). One way to explain these contradictory findings is to propose that some neurons expressing TRPV1 channels are tonically activated in a naive, not desensitized animal, and that this activation leads to an inhibition of skin vasoconstriction (and possibly other thermoeffector responses), thus suppressing deep  $T_b$ . When these tonically active neurons become silent as the result of desensitization, skin vasoconstriction and hyperthermia occur, as in those studies that were conducted during the first few days after CAP administration (Jancsó-Gábor et al., 1970a; Szolcsányi and Jancsó-Gábor, 1973; Székely and Szolcsányi, 1979; Szikszay et al., 1982). Over the long term, however, compensatory mechanisms can develop (Yamashita et al., 2008), and TRPV1-mediated functions can partially or even completely recover (Jancsó et al., 1977; Hajós et al., 1983), in agreement with the fact that desensitization produces no consistent long-term effect on basal  $T_b$ .

3. *Effects on Responses to Thermal Challenges.* Whereas the effects of CAP desensitization on basal  $T_b$  are typically small, relatively short-lived (a few days), and difficult to find, the effects on the responses to heat exposure are profound (Fig. 4), reproducible, and occur in many species, including rats, guinea pigs, and mice (Table 4). Upon exposure to heat, animals desensitized with high systemic doses of CAP, administered either during the neonatal period or in adulthood, develop severe hyperthermia, whereas their nondesensitized counterparts successfully defend their deep  $T_b$  against the same challenges (Jancsó-Gábor et al., 1970a,b; Szolcsá-

TABLE 3

The effects of desensitization with subcutaneous or intraperitoneal CAP on basal deep  $T_b$  and basal  $T_{sk}$  at different times after CAP administration

Time of Testing (days after CAP)	Desensitization Model			Effects	
	Age Group	Species	CAP Dose <i>mg/kg</i>	Basal Deep $T_b$	Basal $T_{sk}$
1–9	Adult	Rat	20–160	↑ <i>a–d</i>	↓ <i>c,d</i>
10–100	Adult	Guinea pig	30–40	↕ <i>c</i>	—
		Rat	20–310	↕ <i>a,c,e</i>	↕ <i>e</i>
	Guinea pig	Mouse	30–40	↕ <i>d,f</i>	↕ <i>d</i>
			45	↕ <i>b,g</i>	↕ <i>b</i>
60–120	Neonate	Rat	50–450	↕ <i>c</i>	—
				↕ <i>h</i>	—
			↕ <i>h</i>	—	
			↕ <i>h</i>	—	
				↕ <i>e,i–l</i>	↕ <i>e,k</i>
				↕ <i>m</i>	↕ <i>l</i>
				↕ <i>j</i>	↕ <i>j,k</i>

↑, increase; ↓, decrease; ↕, none; —, not studied.

*a* Szolcsányi and Jancsó-Gábor (1973).

*b* Szikszay et al. (1982).

*c* Jancsó-Gábor et al. (1970a).

*d* Székely and Szolcsányi (1979).

*e* Hajós et al. (1983).

*f* Obál et al. (1980).

*g* Obál et al. (1982); Benedek et al. (1983).

*h* Szelényi et al. (2004). In this study, the daily mean deep  $T_b$  was unchanged, whereas the mean daytime (light-phase)  $T_b$  was decreased, and the mean nighttime (dark-phase)  $T_b$  was increased.

*i* Gourine et al. (2001).

*j* Yamashita et al. (2008).

*k* Donnerer and Lembeck (1983).

*l* Hori and Tsuzuki (1981).

*m* Dib (1983).

nyi and Jancsó-Gábor, 1975; Cabanac et al., 1976; Obál et al., 1980; Hori and Tsuzuki, 1981; Szikszay et al., 1982; Benedek et al., 1983; Obál et al., 1983; Szolcsányi, 1983; Szelényi et al., 2004) (also see Fig. 4). Obál et al. (1980) reported that, for the same value of deep  $T_b$ , heat-exposed CAP-pretreated rats have a substantially lower tail  $T_{sk}$  than heat-exposed nondesensitized rats, thus suggesting that TRPV1-desensitization increases the threshold  $T_b$  for tail-skin vasodilation. Other heat-defense responses, both autonomic [e.g., salivation (Cabanac et al., 1976)] and behavioral [e.g., the heat-escape locomotor (Szolcsányi and Jancsó-Gábor, 1975; Obál et al., 1979, 1987) or operant responses (Hori and Tsuzuki, 1981)], can also be diminished in animals desensitized with systemic CAP.

Whereas TRPV1 desensitization severely impairs autonomic heat-defense mechanisms, rats treated either with different doses of CAP (50–460 mg/kg s.c.) as neonates or with relatively low doses of CAP (130–160 mg/kg s.c. or i.p.) as adults exhibit no changes in autonomic thermoeffector responses to cold exposure (Jancsó-Gábor et al., 1970a; Szolcsányi and Jancsó-Gábor, 1973; Hori and Tsuzuki, 1981; Yamashita et al., 2008). On the contrary, rats desensitized with high doses of CAP (250–300 mg/kg s.c.) administered in adulthood exhibit attenuated responses to cold (Benedek et al., 1983; Cormarèche-Leydier, 1984); mechanisms of the latter effect are discussed below (section IV.C.5).

**4. Pharmacological Desensitization versus Genetic Ablation.** In contrast to the impaired thermoregulation of desensitized animals, genetic ablation of TRPV1 does not cause gross changes in  $T_b$  regulation in response to

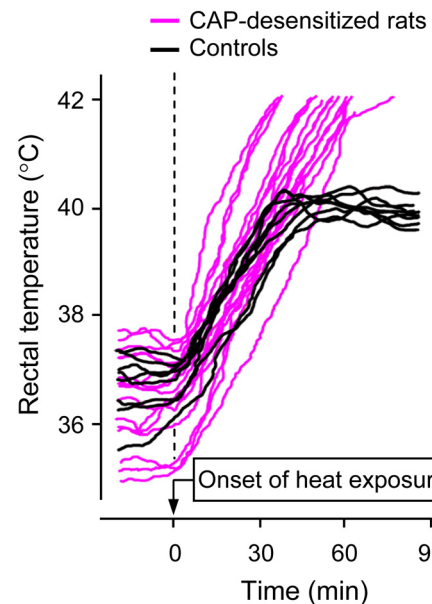


FIG. 4. The effect of heat exposure (41°C) on rectal temperature of adult rats that received a high dose of CAP (200–300 mg/kg s.c.) as neonates and of their littermates that were not treated with CAP. The CAP-desensitized rats have a severe impairment of heat-defense responses and, consequently, exhibit a much greater increase in  $T_b$ . [Modified from Hori T and Tsuzuki S (1981) Thermoregulation in adult rats which have been treated with capsaicin as neonates. *Pflugers Arch* 390: 219–223. Copyright © 1981 Springer Science+Business Media. Used with permission.]

either heat or cold challenges (Szelényi et al., 2004; Iida et al., 2005). There is, however, a report showing that *Trpv1* KO mice can defend their deep  $T_b$  against severe environmental cooling better than their wild-type coun-

TABLE 4

Thermoregulatory responses to systemically or centrally applied CAP or heating in different models of CAP- or RTX-induced desensitization

Desensitization Model			Effects			
Age group	Species	TRPV1 Agonist, Dose and Route <i>mg/kg</i>	Hypothermia Induced by			Heat-Defense Responses to Whole-Body Heating
			Systemic CAP (0.05–16 mg/kg i.p., s.c., i.v.)	Intracerebral CAP (0.002–0.2 mg/kg)	Brain Heating	
Adult	Rat	CAP 20–310 i.p., s.c. or RTX 0.2 i.p.	↓ <sup>a-d</sup>	↓ <sup>d,e</sup>	↓ <sup>d,g</sup>	↓ <sup>a,b,f-i</sup>
	Mouse	CAP 45 s.c.	—	—	—	↓ <sup>j</sup>
	Guinea pig	CAP 30–40 i.p.	↓ <sup>b</sup>	—	—	↓ <sup>b</sup>
Neonate	Rat	CAP 50–450 i.p., s.c.	↓ <sup>c,k,l</sup>	↓ <sup>c,l</sup>	↓ <sup>g,l</sup>	↓ <sup>g,h,m</sup>

↓, attenuation; ↑, no change; —, not studied.

<sup>a</sup> Szolcsányi and Jancsó-Gábor (1973); Szikszay et al. (1982); Mills et al. (2008).

<sup>b</sup> Jancsó-Gábor et al. (1970a).

<sup>c</sup> Hajós et al. (1983).

<sup>d</sup> Jancsó-Gábor et al. (1970b).

<sup>e</sup> Steiner et al. (2007).

<sup>f</sup> Cabanac et al. (1976), Obál et al. (1979, 1980, 1982); Benedek et al. (1983); Szolcsányi (1983).

<sup>g</sup> Obál et al. (1983).

<sup>h</sup> Obál et al. (1987).

<sup>i</sup> Székely and Romanovsky (1997).

<sup>j</sup> Szélényi et al. (2004).

<sup>k</sup> Donnerer and Lembeck (1983).

<sup>l</sup> Dib (1983).

<sup>m</sup> Hori and Tsuzuki (1981).

terparts (Motter and Ahern, 2008), but such changes were not seen in a similar study by Iida et al. (2005). Considering that thermoregulatory experiments in mice have multiple pitfalls (Rudaya et al., 2005), more extensive studies of  $T_b$  regulation in *Trpv1* KO mice may be warranted. It should be further noted that negative results obtained in KO animals are typically inconclusive, because various types of compensatory changes may restore the function of interest, even if the knocked out gene is normally the one responsible for this function. Several new strategies to silence the *Trpv1* gene (namely, those involving antisense oligonucleotides, small interfering RNAs, or short hairpin RNAs) have recently been used in pain research (Christoph et al., 2006, 2007, 2008). It would be interesting to study the regulation of  $T_b$  in these new models, especially because compensation patterns in different models are likely to differ (Christoph et al., 2008).

*Trpv1* KO mice have also been shown to respond to LPS with an attenuated fever in the study by Iida et al. (2005), but this finding contradicts our results (Dogan et al., 2004). Our group has shown that neither pharmacological antagonism of TRPV1 with capsazepine (CPZ) nor localized intra-abdominal TRPV1 desensitization with a low intraperitoneal dose of RTX (for more information, see section IV.E.5) attenuates LPS fever in rats. Even if TRPV1 channels were involved in LPS fever, such an involvement could be in the mechanisms of immune signaling rather than those of thermoregulation per se. Indeed, LPS induces TRPV1 overexpression in rats (Orliac et al., 2007), and several responses to shock-inducing doses of LPS are exaggerated in *Trpv1* KO mice (Clark et al., 2007) and in rats treated with CPZ (Wang et al., 2008).

**5. Site of Desensitization: The Preoptic Hypothalamus?** To explain the recruitment of multiple thermo-effectors, an involvement of DRG neurons in the thermal afferent pathways has been proposed (Dib, 1983; Donnerer and Lembeck, 1983; Obál et al., 1987; Szallasi and Blumberg, 1990; Benham et al., 2003; Tominaga and Caterina, 2004; Yamashita et al., 2008). Even though the prominent association of TRPV1 channels with polymodal nociceptors (rather than with neurons sensitive to innocuous warming) weakens this proposition, some populations or TRPV1-expressing visceral DRG neurons modulate the activity of autonomic effectors (see section IV.E.5). Desensitization of these visceral neurons may contribute to the early hyperthermia seen in CAP-desensitized animals. However, because acute thermoregulatory effects of TRPV1 agonists can be explained by primarily a central action (on MnPO neurons), it is reasonable to suggest that the same neurons are desensitized after the systemic administration of TRPV1 agonists and that the loss of function of these neurons accounts for thermoregulatory impairments seen in desensitized animals. Indeed, the loss of heat-defense responses (the primary thermoregulatory symptom of desensitized animals) agrees with the loss of function of MnPO neurons within the cutaneous warming pathway (Fig. 1). Confirming an involvement of hypothalamic (rather than peripheral) mechanisms, Jancsó-Gábor et al. (1970b) have found that rats desensitized by intrahypothalamic injections of CAP lose their ability to defend deep  $T_b$  against ambient heating (and also show a reduced hypothermic response to subcutaneous CAP). Desensitization of MnPO neurons may also account for the exaggerated fever responses to systemic LPS that have been reported to occur in rats treated with systemic

CAP (Székely and Szolcsányi, 1979) or RTX (Dogan et al., 2004). However, some thermoregulatory manifestations occurring in animals treated with high systemic doses of CAP as adults cannot be explained by desensitization of MnPO neurons alone.

For example, Benedek et al. (1983) and Cormarèche-Leydier (1984) found that desensitization with high doses of CAP (250–300 mg/kg s.c.) administered to adult rats resulted in attenuated responses to cold, even though rats treated either with lower or higher doses of CAP (50–460 mg/kg s.c.) as neonates or with lower doses of CAP (130–160 mg/kg s.c. or i.p.) as adults have been repeatedly shown by others to have no deficiency in their autonomic thermoeffector responses to cold (Janicsó-Gábor et al., 1970a; Szolcsányi and Janicsó-Gábor, 1973; Hori and Tsuzuki, 1981; Yamashita et al., 2008). The impairment of cold-defense responses would be consistent with the loss of the MPO neurons (i.e., the first efferent neurons for both thermoregulatory vasoconstriction and BAT thermogenesis) in animals desensitized as adults (Fig. 1). In fact, Cormarèche-Leydier (1984) has pointed to the similarity between the thermoregulatory consequences of TRPV1 desensitization of adult rats with high doses of CAP and the thermoregulatory consequences of POA lesions. It has been well documented that animals with MPO lesions cannot defend their deep  $T_b$  autonomically against either cold or heat (Carlisle, 1969; Lipton et al., 1974; Satinoff et al., 1976; Van Zoeren and Stricker, 1976; Schulze et al., 1981; Almeida et al., 2006b).

Another example is that the responses to POA heating are abolished in rats desensitized with higher (120–300 mg/kg) doses of CAP as adults (Janicsó-Gábor et al., 1970b; Obal et al., 1983), even though these responses are normal in rats desensitized with lower (e.g., 50 mg/kg) doses of CAP as adults or with lower (50 mg/kg) or higher (~735 mg/kg) doses as neonates (Dib, 1983; Obal et al., 1983). These data suggest that high (but not low) doses of systemic CAP affect POA neurons that respond to local warming (i.e., the warm-sensitive MPO cells) (Fig. 1). Indeed, lower doses of systemic CAP (75–100 mg/kg) administered to adult rats failed to cause any degenerative changes in the MPO, at least within the first day after the administration (Ritter and Dinh, 1992), whereas higher doses (170–250 mg/kg) markedly impaired the perikaryal mitochondria in POA (presumably MPO) neurons, and these impairments were present from 2 days to 5 months after the CAP treatment (Szolcsányi et al., 1971). (We were unable to find any morphological studies of POA neurons in adult animals that were treated with CAP as neonates.)

Because MPO neurons do not respond with any postsynaptic changes to direct administration of CAP (Karlsson et al., 2005), we speculate that impairment of these cells in animals treated with high doses of CAP as adults is unlikely to be due to a direct action, but rather might reflect an action on glutamatergic MnPO neurons

(see section IV.B.3) and consequent secondary changes in MPO cells. It has been established that CAP-induced degeneration can spread transneuronally. For example, CAP can affect DH neurons by acting on DRG neurons (Fitzgerald, 1983). Furthermore, degenerative neuronal changes in the nucleus of the solitary tract caused by systemic CAP do not occur in animals after nodose ganglionectomy, thus suggesting a secondary nature of the observed solitary tract degeneration (Ritter and Dinh, 1988). The proposition that CAP affects MPO neurons secondarily to its effect on MnPO neurons also would account for the fact that MPO neurons are affected only by high doses. High doses of CAP are known to cause irreversible degeneration and neuronal death of TRPV1-expressing neurons (Janicsó et al., 1977; Szallasi and Blumberg, 1999; Szöke et al., 2002), and neuronal death or trauma are well known to cause trans-synaptic (trans-neuronal) degeneration, sometimes spreading over several subsequent neurons within a neuronal line (Sugimoto and Gobel, 1984; Knyihár-Csillik et al., 1989; Rausell et al., 1992; Sugimoto et al., 1999).

The literature also contains two findings (Dib, 1983; Hajós et al., 1983) that seemingly contradict the proposed scenario, in which CAP acts on TRPV1 channels on MnPO neurons and, at higher doses, also causes secondary degeneration of MPO neurons followed by a permanent loss of their function (if CAP was administered in adulthood) or by partial recovery (if CAP was administered in the neonatal period). Dib (1983) and Hajós et al. (1983) found that rats that received subcutaneous doses of CAP as neonates (either at a lower cumulative dose of 50 mg/kg or at a higher dose of 300–900 mg/kg), showed low or no responses to subcutaneous or intraperitoneal CAP as adults, but still responded with hypothermia and/or tail skin vasodilation to intracerebroventricular or intrapreoptic CAP. These findings are typically interpreted to indicate that effects of systemic CAP are mediated by peripheral TRPV1-positive neurons (perhaps DRG neurons), whereas those of central CAP are mediated by TRPV1-positive POA neurons (perhaps MPO) neurons. However, these findings can still be compatible with our hypothesis that both systemic and central administration of CAP cause hypothermia by acting on the same targets, TRPV1-expressing MnPO neurons. It is likely that not all MnPO neurons are desensitized by the lower doses. It is also possible that at least some neurons desensitized by the higher doses of CAP administered during the neonatal period can partially regenerate or be later replaced by new neurons derived from neuronal progenitor cells, similar to MPO neurons. In either case, at least some MnPO neurons are likely to be responsive to CAP, which makes it reasonable to expect that high local concentrations of CAP (e.g., those after an intrabrain administration) can cause an effect, whereas low local concentrations (e.g., those after a systemic administration) remain ineffective. Hence, intrabrain administration of CAP



may be expected to cause hypothermia and skin vasodilation even when subcutaneous CAP does not.

#### D. Pharmacological Antagonists of the Transient Receptor Potential Vanilloid-1 Channel

Based on experiments in rodent models, including those of cancer and inflammation (Pomonis et al., 2003; Asai et al., 2005; Gavva et al., 2005b; Ghilardi et al., 2005; Honore et al., 2005, 2009), the TRPV1 channel has been explored as a novel target for analgesic therapy (Immke and Gavva, 2006; Szallasi et al., 2007; Gavva, 2008; Holzer, 2008; Gunthorpe and Chizh, 2009; Khairatkar-Joshi and Szallasi, 2009). The possibility of making next-generation pain therapeutics has stimulated immense interest, and many pharmaceutical companies all over the world have entered the race to synthesize and test TRPV1 antagonists. Today, nearly every pharmaceutical company has a TRPV1 program, and a large number of new, highly potent and selective TRPV1 antagonists have been synthesized and reached different phases of development (Broad et al., 2008; Gavva et al., 2008; Gunthorpe and Chizh, 2009). Those antagonists for which effects on  $T_b$  have been studied in the rat, the most common laboratory animal, are listed in Tables 5 and 6. Data on the selectivity of new TRPV1 antagonists (and, for comparison, of CPZ and ruthenium red) are listed in Table 7. In the following sections, we analyze what experiments with these TRPV1 antagonists have revealed about the role of the TRPV1 channel in  $T_b$  regulation.

#### E. Thermoregulatory Effects of Transient Receptor Potential Vanilloid-1 Antagonists

**1. Effect on Body Temperature.** Testing new TRPV1 antagonists revealed almost immediately that many of them cause hyperthermia, an unwanted side effect (Table 6). This effect has been reported for compounds of different chemotypes, including ureas (A-425619 and JYL 1421), cinnamides (SB366791 and AMG9810), piperazines (BCTC), and pyrimidines (AMG 517), administered to different animal species, including rats, mice, dogs, and monkeys (Fig. 5). This hyperthermic side effect was also presented in clinical trials of AMG 517 (Gavva et al., 2008) (also see Fig. 5). The observed hyperthermia was pronounced: in one patient,  $T_b$  (measured as tympanic temperature) reached  $\sim 40^\circ\text{C}$  (Gavva et al., 2008). Even though some TRPV1 antagonists have been shown to cause hyperthermia at very high doses [e.g., 40 mg/kg i.p. in mice for JNJ-17203212 (Huang et al., 2008)], two compounds, AMG0347 and AMG 517, have been shown to cause hyperthermia in rats at low doses. The minimum intravenous dose that causes maximal effect on  $T_b$  ( $\text{ED}_{\text{max}}$ ) was reported to be 50  $\mu\text{g}/\text{kg}$  ( $\sim 100$  nmol/kg) for AMG0347 (Steiner et al., 2007) and 100  $\mu\text{g}/\text{kg}$  ( $\sim 200$  nmol/kg) for AMG 517 (Gavva et al., 2008). For AMG0347, a threshold intravenous dose (i.e., the minimum dose that significantly increases deep  $T_b$ )

was  $\sim 20$  nmol/kg (Steiner et al., 2007). The fact that TRPV1 antagonists of different chemotypes cause the hyperthermic effect at low doses and in different animal species strongly suggests that this is an on-target effect (i.e., mediated by TRPV1). Indeed, the mediation of this effect by TRPV1 channels has been demonstrated in the case of AMG0347: *Trpv1* KO mice did not respond to AMG0347 with hyperthermia, whereas their normal counterparts did (Fig. 6). In our recent experiments, another antagonist, AMG 517, increased core  $T_b$  in control mice, but the same dose of AMG 517 failed to cause hyperthermia in *Trpv1* KO mice (A. Garami, N. R. Gavva, and A. A. Romanovsky, unpublished observations). The fact that TRPV1 antagonism results in hyperthermia agrees with the transient rise in  $T_b$  observed in several earlier studies in rats during the first few days after the administration of desensitizing doses of CAP (Jancsó-Gábor et al., 1970a; Szolcsányi and Jancsó-Gábor, 1973; Székely and Szolcsányi, 1979; Szikszay et al., 1982) (Table 3). These findings suggest that TRPV1 channels are tonically active in vivo, thus constantly suppressing deep  $T_b$  and keeping it at its normal level; when TRPV1 channels are blocked, this suppression is removed, and hyperthermia occurs.

**2. Thermoeffector Pattern.** The effector patterns of the hyperthermic responses of rats to TRPV1 antagonists can involve tail skin vasoconstriction, activation of thermogenesis (most likely nonshivering thermogenesis in BAT), or both (Steiner et al., 2007; Gavva et al., 2008). Examples of tail skin vasoconstriction (decrease in the HLI) and metabolic activation (increase in oxygen consumption) occurring just before the AMG0347-induced rise in core  $T_b$  are shown in Fig. 7, A and B, respectively. Similar to responses to many other substances [e.g.,  $\text{PGE}_1$  (Crawshaw and Stitt, 1975; Szélenyi et al., 1992), cholecystokinin-8 (Szélenyi et al., 1992), or LPS (Székely and Szélenyi, 1979)], the partial contributions of skin vasoconstriction and thermogenesis to the overall hyperthermic response to AMG0347 differ depending on  $T_a$  (Steiner et al., 2007). Unlike the responses to  $\text{PGE}_1$  (Crawshaw and Stitt, 1975; Marques et al., 1984) and to LPS (Almeida et al., 2006a), the response to AMG0347 does not involve a change in the preferred  $T_a$ . When rats were treated with a high dose of AMG0347 (500  $\mu\text{g}/\text{kg}$  i.v.) in a thermogradient apparatus, they developed hyperthermia, but their position in the apparatus did not change (Fig. 7C). In other words, they did not move a few inches to warm up from the readily available environmental heat, but used other (autonomic) means of heat production and conservation to mount the hyperthermic response.

**3. The Mode of Action: Do Transient Receptor Potential Vanilloid-1 Antagonists Cause Hyperthermia by Blocking Thermal Signals?** We have already presented some evidence suggesting that TRPV1 channels on MPO neurons do not serve as thermosensors (section III.B). Can TRPV1 channels at other brain or extra-brain locations

TABLE 5  
TRPV1 antagonists

Name, Company	IUPAC Name	Structure
A-425619, Abbott	1-(5-Isoquinolinyl)-3-(4-(trifluoromethyl)benzyl)urea	
A-889425, Abbott	1-(3-Methylpyridin-2-yl)-N-(4-trifluoromethyl-sulfonylphenyl)-1,2,3,6-tetrahydropyridine-4-carboxamide	
ABT-102, Abbott	(R)-(5-tert-Butyl-2,3-dihydro-1H-inden-1-yl)-3-(1H-indazol-4-yl)-urea	
AMG0347, Amgen	(2E)-N-(7-Hydroxy-5,6,7,8-tetrahydro-1-naphthalenyl)-3-(2-(1-piperidinyl)-3-(trifluoromethyl)-3-pyridinyl)-2-propenamide	
AMG1629, Amgen	3-Amino-5-((2-(2-methoxyethyl)amino)-6-(4-(trifluoromethyl)phenyl)-4-pyrimidinyl)-oxy)-2(1H)-quinoxalinone	
AMG2820, Amgen	8-((6-(4-(Trifluoromethyl)phenyl)-4-pyrimidinyl)oxy)-3-isoquinolinol	
AMG3731, Amgen	N-(4-(((3-(6-((2-Amino-1,3-benzothiazol-4-yl)oxy)-4-pyrimidinyl)-6-(trifluoromethyl)-2-pyridinyl)amino)methyl)-2-fluorophenyl)-methanesulfonamide	
AMG 517, Amgen	N-(4-((6-(4-(Trifluoromethyl)phenyl)-4-pyrimidinyl)oxy)-1,3-benzothiazol-2-yl)-acetamide	
AMG7905, Amgen	N-(6-(2-((Cyclohexylmethyl)amino)-4-(trifluoromethyl)phenyl)-4-pyrimidinyl)-1,3-benzothiazol-6-amine	
AMG7988, Amgen	4-((6-(2-((2-(1-Piperidinyl)ethyl)amino)-6-(trifluoromethyl)-3-pyridinyl)-4-pyrimidinyl)-oxy)-1,3-benzothiazol-2-amine	
AMG8163, Amgen	tert-Butyl (2-(6-((2-(acetylamino)-1,3-benzothiazol-4-yl)oxy)-4-pyrimidinyl)-5-(trifluoromethyl)phenyl)-carbamate	
AMG8562, Amgen	(2E)-N-((2R)-2-Hydroxy-2,3-dihydro-1H-inden-4-yl)-3-(2-(1-piperidinyl)-4-(trifluoromethyl)phenyl)-2-propenamide	

TABLE 5—Continued.

Name, Company	IUPAC Name	Structure
AMG8563, Amgen	(2 <i>E</i> )- <i>N</i> -((2 <i>S</i> )-2-Hydroxy-2,3-dihydro-1 <i>H</i> -inden-4-yl)-3-(2-(1-piperidinyl)-4-(trifluoromethyl)phenyl)-2-propenamide	
AMG9810, Amgen	(2 <i>E</i> )-3-(4- <i>tert</i> -Butylphenyl)- <i>N</i> -(2,3-dihydro-1,4-benzodioxin-6-yl)-2-propenamide	
BCTC, Neurogen	<i>N</i> -(4- <i>tert</i> -Butylphenyl)-4-(3-chloro-2-pyridinyl)-1-piperazinecarboxamide	
Comp. 41, Johnson & Johnson	4-(3-(Trifluoromethyl)-2-pyridinyl)- <i>N</i> -(5-(trifluoromethyl)-2-pyridinyl)-1-piperazinecarboxamide	
Comp. G, Amgen	1-(5-Chloro-6-((3 <i>R</i> )-3-methyl-4-(6-(trifluoromethyl)-4-(3,4,5-trifluorophenyl)-1 <i>H</i> -benzimidazol-2-yl)-1-piperazinyl)-3-pyridinyl)-1,2-ethanediol	
Comp. H, Amgen	2-((2,6-Dichlorophenyl)-amino)- <i>N</i> -(4-(trifluoromethyl)phenyl)-1,3-thiazole-4-carboxamide	
JYL 1421, <sup>a</sup> Schwarz Pharma	<i>N</i> -(4-(((4- <i>tert</i> -Butylbenzyl)carbamothioyl)-amino)methyl)-2-fluorophenyl)methanesulfonamide	

<sup>a</sup> This compound was also published as SC0030 by Suh et al. (2003).

mediate those responses to thermal signals that control thermoeffector activity? Even though the TRPV1 channel is activated in vitro only at very high (>42°C) temperatures (Caterina et al., 1997; Tominaga et al., 1998), concomitant activation (or sensitization) by endovanilloids and protons can decrease, via multiple mechanisms (Tominaga et al., 1998; Premkumar and Ahern, 2000; Bhave et al., 2003; Carlton et al., 2004; Van Der Stelt and Di Marzo, 2004; Ahern et al., 2005; Zhang et al., 2008), the activation temperature in vivo. Such sensitization to thermal stimuli could be speculated to bring the activation threshold closer to the physiological values of core  $T_b$ . For example, research by Ni et al. (2006) has shown that increasing  $T_b$  within the normal or even hypothermic range (perhaps as low as 34.5°C) can directly activate pulmonary sensory neurons and that this effect is likely mediated, at least in part, by TRPV1. Hence, the intriguing possibility that TRPV1 is involved in normal thermoregulation by serving as a thermoreceptor cannot be ruled out.

If normal  $T_b$  values somewhere in the body were high enough to activate TRPV1 channels, and if the thermal activation of TRPV1 were involved in normal thermoregulation, blocking the thermal activation by TRPV1 antagonists would be expected to cause a stronger response at a higher  $T_b$ . Depending on the location of the TRPV1 channels involved, such stronger responses to TRPV1 antago-

nists would occur either at a higher core  $T_b$  (if the thermoreceptor function is carried out by TRPV1 channels located in the body core) or at a higher shell  $T_b$  (if the responsible TRPV1 channels are located at the body surface and are activated by shell temperatures such as  $T_{sk}$ ). We studied the hyperthermic response to AMG0347 administered to rats in different thermal environments, when their initial (at the time of drug administration) core (colonic)  $T_b$  was between 36.6 and 39.3°C, and their initial tail  $T_{sk}$  ranged from 16.9 to 37.0°C (Fig. 8A). A positive correlation between the magnitude of the hyperthermic response and the initial values of colonic  $T_b$ ,  $T_{sk}$ , or both would have indicated that the hyperthermic response to AMG0347 was caused by the blockade of the thermal activation of TRPV1 channels located in the core, skin, or both, respectively. However, no positive correlation was found. On the contrary, there was a weak negative correlation between the maximal change in colonic  $T_b$  and the initial  $T_{sk}$  (Fig. 8C) and a tendency for a negative correlation between the maximal value of the change in colonic  $T_b$  caused by AMG0347 and the initial value of colonic  $T_b$  (Fig. 8B), which is in agreement with the fact that the hyperthermic response to a drug often decreases with an increase in  $T_b$ , as reported for LPS (Blatteis, 1974; Székely and Szelényi, 1979; Ivanov and Romanovsky, 2002), PGE<sub>1</sub> and PGE<sub>2</sub> (Malkinson et al., 1988; Feng et al., 1989; Szelényi et al., 1992, 1994), cholecystokinin (Szelényi et al., 1992, 1994),

TABLE 6

TRPV1 antagonists: their potencies at different modes of activation of rat TRPV1 in vitro and their effects upon systemic administration on deep  $T_b$  in rats in vivo

Name	In Vitro: IC <sub>50</sub> for Different Activation Modes			In Vivo: Effect on Deep $T_b$		
	CAP (500 nM)	pH (5.0)	Heat (45°C)	Dose	Route	Effect
A-425619	10 ± 2 <sup>a</sup>	13 ± 2 <sup>a</sup>	58 ± 4 <sup>a</sup>	4–100	p.o.	↑ <sup>a,b</sup>
A-889425	335 <sup>c</sup>	—	—	4–13	p.o.	↑ <sup>c</sup>
ABT-102	1 <sup>d</sup>	16 <sup>d</sup>	100 <sup>d</sup>	2	i.v.	↑ <sup>c</sup>
AMG0347	0.7 ± 0.1 <sup>f</sup>	0.8 ± 0.3 <sup>f</sup>	0.2 ± 0.1 <sup>f</sup>	1–10	p.o.	↑ <sup>e</sup>
AMG1629	0.6 ± 0.4 <sup>a</sup>	1 ± 0 <sup>a</sup>	0.2 ± 0.0 <sup>a</sup>	0.01–0.5	i.v.	↑ <sup>f</sup>
AMG2820	1 ± 0 <sup>a</sup>	>4000 <sup>a</sup>	23 ± 6 <sup>a</sup>	3	p.o.	↑ <sup>a</sup>
AMG3731	6 ± 5 <sup>a</sup>	7 ± 1 <sup>a</sup>	5 ± 0 <sup>a</sup>	3	i.v.	↑ <sup>a</sup>
AMG 517	1 ± 1 <sup>g</sup>	0.5 ± 0.2 <sup>g</sup>	2 ± 1 <sup>g</sup>	3–10	p.o.	↑ <sup>a</sup>
	0.9 ± 0.8 <sup>h</sup>	0.5 ± 0.2 <sup>h</sup>	—	0.1–3	p.o.	↑ <sup>g,h</sup>
AMG7988	14 ± 2 <sup>a</sup>	>4000 <sup>a</sup>	360 ± 97 <sup>a</sup>	0.1	i.v.	↑ <sup>i</sup>
AMG8163	0.6 ± 0.3 <sup>a,j</sup>	0.6 ± 0.3 <sup>a,j</sup>	0.2 ± 0.1 <sup>a,j</sup>	3	i.v.	↑ <sup>a</sup>
				0.1–10	p.o.	↑ <sup>a,g</sup>
AMG8563	3 ± 1 <sup>j</sup>	>4000 <sup>j</sup>	2 ± 0 <sup>j</sup>	0.3	i.v.	↑ <sup>j</sup>
AMG9810	79 ± 9 <sup>a</sup>	349 ± 66 <sup>a</sup>	9 ± 1 <sup>a</sup>	3	i.v.	↑ <sup>j</sup>
	86 ± 39 <sup>k</sup>	294 ± 192 <sup>k</sup>	21 ± 17 <sup>k</sup>	30	i.p.	↑ <sup>a</sup>
BCTC	0.4 ± 0.3 <sup>a</sup>	0.5 ± 0.6 <sup>a</sup>	0.1 ± 0.0 <sup>a</sup>	3	i.v.	↑ <sup>a</sup>
	0.5 ± 0.1 <sup>k</sup>	0.7 ± 0.4 <sup>k</sup>	0.6 ± 0.2 <sup>k</sup>			
Comp. 41	102 ± 12 <sup>l</sup>	16 ± 4 <sup>l</sup>	—	30	p.o.	↑ <sup>l</sup>
Comp. G	1 ± 0 <sup>a</sup>	1 ± 0 <sup>a</sup>	2 ± 0 <sup>a</sup>	30	p.o.	↑ <sup>a</sup>
Comp. H	18 ± 3 <sup>a</sup>	70 ± 5 <sup>a</sup>	16 ± 9 <sup>a</sup>	30	p.o.	↑ <sup>a</sup>
AMG7905	39 ± 17 <sup>j</sup>	N.A.	N.A.	0.3–30	p.o.	↓ <sup>j</sup>
AMG8562	2 ± 1 <sup>j</sup>	N.A.	>4000 <sup>j</sup>	1–30	p.o.	↓ <sup>j</sup>
				3	i.v.	↓ <sup>j</sup>
JYL 1421	8 <sup>a</sup>	N.A.	>4000 <sup>a</sup>	3–100	p.o.	↓ <sup>a</sup>
	37 <sup>m</sup>	—	—	1–10	i.p.	↓ <sup>m</sup>

N.A., not applicable (IC<sub>50</sub> for the marked activation mode could not have been measured, because potentiation was observed instead of inhibition); —, IC<sub>50</sub> for this mode of activation was not determined; ↑, an increase in deep  $T_b$ ; ↓, a decrease in deep  $T_b$ ; ↓, no effect.

<sup>a</sup> Gavva et al. (2007b). pH of 5.5 was used in this study of A-425619 in which no TRPV1 inhibition occurred at pH of 5.0.

<sup>b</sup> Mills et al. (2008).

<sup>c</sup> McGaraughty et al. (2009). CAP concentration used in this study was not specified.

<sup>d</sup> Surowy et al. (2008). CAP concentration of 1 μM, pH of 5.5, and temperature of 50°C were used in this study.

<sup>e</sup> Honore et al. (2009).

<sup>f</sup> Steiner et al. (2007).

<sup>g</sup> Gavva et al. (2007a).

<sup>h</sup> Tamayo et al. (2008).

<sup>i</sup> Gavva et al. (2008).

<sup>j</sup> Lehto et al. (2008).

<sup>k</sup> Gavva et al. (2005b).

<sup>l</sup> Swanson et al. (2005). CAP concentration of 100 nM and a pH range of 5.8 to 6.0 were used in this study.

<sup>m</sup> Suh et al. (2003).

and other substances. Because drugs generally affect elements of the thermoregulatory system that are sensitive to temperature (and not a change in temperature),  $T_b$  of a drug-treated organism often balances at a level independent of the initial  $T_b$ , thus resulting in a negative correlation between the initial  $T_b$  and the drug-induced change in  $T_b$  (Feng et al., 1989). It is also plausible that some drugs are metabolized faster at a higher  $T_b$ , thus producing a smaller effect (McAllister and Tan, 1980). In the case of AMG0347, the clear lack of a positive correlation between the magnitude of antagonist-induced hyperthermia and the rats' core  $T_b$  or  $T_{sk}$  indicates that the normally present tonic suppression of  $T_b$  arises from a tonic activation of TRPV1 channels by nonthermal factors and not by temperature. Such nonthermal factors, as yet unidentified, may include low (or high) pH, inorganic cations, or endovanilloids.

4. Do Transient Receptor Potential Vanilloid-1 Antagonists Cause Hyperthermia by Acting inside or outside the Brain? We also attempted to determine the location of TRPV1 channels responsible for the hyperthermic effect of

AMG0347 (Steiner et al., 2007). The first question was whether AMG0347 crosses the BBB. Rats were injected with the ED<sub>max</sub> dose (50 μg/kg i.v.), and their arterial blood and brains were harvested 60 min later, at the time corresponding to the peak of AMG0347-induced hyperthermia. At that time point, the concentration of the drug in the brain (4 μg/g) was only 3.5 times lower than the concentration in the blood plasma (14 μg/g), clearly demonstrating that AMG0347 crosses the BBB. Hence, the hyperthermic effect could have resulted from a drug's action inside or outside the central nervous system.

We then investigated whether AMG0347 can cause hyperthermia by acting inside the brain or spinal cord. If one of these sites were a primary site of the hyperthermic action of AMG0347, the intracerebroventricular or intrathecal administration of AMG0347 would be expected to cause hyperthermia at doses 1 to 2 orders of magnitude lower than the intravenous administration. For example, Hori (1984) reported that intrabrain administration of CAP causes hypothermia at doses that are 25 times lower than the minimal effective intravenous dose

TABLE 7  
Selectivity of TRPV1 antagonists

IC<sub>50</sub> values for TRPV1 antagonists against rat TRPV1 are shown for the CAP activation mode; for more information, see Table 6. IC<sub>50</sub> values against other TRP channels were obtained by using human TRPV2,<sup>c</sup> TRPV3,<sup>a,c-g,i,o</sup> TRPV4,<sup>a,c-g,j,l,n,p</sup> TRPA1,<sup>a,c-g,i</sup> TRPM8,<sup>a,c-g,i,l</sup> rat TRPV2,<sup>a,d-g,j,l,m,s</sup> TRPV3,<sup>f</sup> TRPV4,<sup>f</sup> TRPA1,<sup>f</sup> TRPM8,<sup>f</sup> and murine TRPV3,<sup>a</sup> TRPV4,<sup>n,p</sup> and TRPM8,<sup>h</sup> as well as channels from an unspecified species.<sup>b</sup>

Name	IC <sub>50</sub> Values against TRP Channels						Additional Targets
	TRPV1	TRPV2	TRPV3	TRPV4	TRPA1	TRPM8	
	<i>nM</i>						
A-425619	10	—	>20,000 <sup>b</sup>	>20,000 <sup>a</sup>	>10,000 <sup>b</sup>	8000 <sup>b</sup>	0 (of 83 tested) <sup>b</sup>
ABT-102	1	—	>20,000 <sup>c</sup>	>20,000 <sup>c</sup>	>20,000 <sup>c</sup>	>20,000 <sup>c</sup>	0 (of 75 tested) <sup>c</sup>
AMG0347	0.7	>10,000 <sup>d</sup>	>10,000 <sup>d</sup>	>10,000 <sup>d</sup>	>10,000 <sup>d</sup>	>10,000 <sup>d</sup>	—
AMG1629	0.6	>4000 <sup>e</sup>	>4000 <sup>e</sup>	>4000 <sup>e</sup>	>4000 <sup>e</sup>	>4000 <sup>e</sup>	—
AMG3731	6	>4000 <sup>e</sup>	>4000 <sup>e</sup>	>4000 <sup>e</sup>	>4000 <sup>e</sup>	>4000 <sup>e</sup>	—
AMG 517	1	>20,000 <sup>f</sup>	>20,000 <sup>f</sup>	>20,000 <sup>f</sup>	>20,000 <sup>f</sup>	>20,000 <sup>f</sup>	3 (of 90 tested) <sup>f</sup>
AMG8163	0.6	>4000 <sup>g</sup>	>4000 <sup>g</sup>	>4000 <sup>g</sup>	>4000 <sup>g</sup>	>4000 <sup>g</sup>	—
AMG9810	79–86	—	>4000 <sup>g</sup>	>4000 <sup>g</sup>	>4000 <sup>g</sup>	>4000 <sup>g</sup>	4 (of 90 tested) <sup>g</sup>
BCTC	0.4–0.5	—	>20,000 <sup>a</sup>	1500 <sup>a</sup>	>20,000 <sup>a</sup>	143–800 <sup>h,i</sup>	—
AMG7905	39	>4000 <sup>j</sup>	>4000 <sup>j</sup>	>4000 <sup>j</sup>	>4000 <sup>j</sup>	>4000 <sup>j</sup>	—
AMG8562	2	>20,000 <sup>j</sup>	>20,000 <sup>j</sup>	>20,000 <sup>j</sup>	>20,000 <sup>j</sup>	>20,000 <sup>j</sup>	0 (of 50 tested) <sup>j</sup>
CPZ	420–887 <sup>g,h,l</sup>	>10,000 <sup>j,m</sup>	>10,000 <sup>l-o</sup>	>10,000 <sup>l,n,p</sup>	>100,000 <sup>l</sup>	18,000 <sup>h,i,l</sup>	3 <sup>q</sup>
Ruthenium red	50–512 <sup>b,r</sup>	200–2028 <sup>f,j,m,s</sup>	<10,000 <sup>p</sup>	24–1000 <sup>l,j,p</sup>	367 <sup>f,j</sup>	—	3 <sup>t</sup>

—, no information available.

<sup>a</sup> M. H. Norman, personal communication.

<sup>b</sup> El Kouhen et al. (2005).

<sup>c</sup> Surowy et al. (2008).

<sup>d</sup> Steiner et al. (2007).

<sup>e</sup> Gavva et al. (2007b).

<sup>f</sup> Gavva et al. (2007a). Of 90 targets tested in this study, AMG 517 interacted with three: monoamine oxidase B, AEA transporter, and Na<sup>+</sup> channel (site 2).

<sup>g</sup> Gavva et al. (2005b). Of 90 targets tested in this study, AMG9810 interacted with four: Ca<sup>2+</sup> channel (L-type: DHP site), Na<sup>+</sup> channel (site 2), dopamine transporter, and angiotensin-II.

<sup>h</sup> Behrendt et al. (2004).

<sup>i</sup> Weil et al. (2005).

<sup>j</sup> Lehto et al. (2008).

<sup>k</sup> Bevan et al. (1992).

<sup>l</sup> C.R. Faltynek, P.R. Kym, and R.M. Reilly, personal communication.

<sup>m</sup> Caterina et al. (1999).

<sup>n</sup> M. J. Caterina, personal communication.

<sup>o</sup> Smith et al. (2002).

<sup>p</sup> Watanabe et al. (2002).

<sup>q</sup> CPZ has been reported to interact with hyperpolarization-activated cation channel (Gill et al., 2004), nicotinic-acetylcholine receptor (Liu and Simon, 1997), and voltage-gated calcium channel (Docherty et al., 1997).

<sup>r</sup> Wood et al. (1988).

<sup>s</sup> Ahluwalia et al. (2002).

<sup>t</sup> Ruthenium red has been reported to interact with TRPV5 (Nilius et al., 2001), TRPV6 (Nilius et al., 2001), voltage-gated calcium channel (Cibulsky and Sather, 1999), and ryanodine receptor (Lukyanenko et al., 2000).

found by Donnerer and Lembeck (1983). However, this was not the case with the hyperthermic response to AMG0347, which, when administered intravenously in rats, showed a tendency to increase deep T<sub>b</sub> at a dose of 6 μg/kg and had a significant effect at 10 μg/kg (the minimally effective intravenous dose). When we administered AMG0347 intracerebroventricularly (into the lateral ventricle) or intrathecally at a dose as high as 6 μg/kg, the drug still caused no significant changes in T<sub>b</sub> (Steiner et al., 2007). Because AMG0347 is no more effective in causing hyperthermia when administered into the brain or spinal cord than when it is administered systemically, we conclude that the drug causes hyperthermia by acting outside the BBB. McGaraughty et al. (2009) have recently conducted a study in rats that involved the intravenous, intrathecal, and intra-POA administration of another TRPV1 antagonist, A-889425. The authors conclude that A-889425 also causes hyperthermia by acting outside the BBB.

There are brain structures, however, that lack the typical BBB and can be readily reached by circulating drugs (McKinley et al., 2003). These structures, collectively named the circumventricular organs, include the organum vasculosum of the lamina terminalis (OVLT), a POA structure that forms the anterior wall of the third cerebral

ventricle. It has been hypothesized that TRPV1 antagonists increase core T<sub>b</sub> by acting in the OVLT (Gavva et al., 2007b). The OVLT hypothesis agrees with the fact that electrolytic lesions of the anterior wall of the third ventricle cause hyperthermia (Romanovsky et al., 2003). However, TRPV1 antagonists failed to cause marked hyperthermia when administered via either the intracerebroventricular route (which provides good access to the OVLT and other circumventricular structures) or directly into the POA (Steiner et al., 2007; McGaraughty et al., 2009). We conclude that TRPV1 antagonists cause hyperthermia by acting outside the brain, in peripheral tissues.

**5. Site of Blockade: The Abdominal Viscera.** Because TRPV1 channels are abundant in primary DRG and nodose neurons that innervate the abdominal viscera, we tested the hypothesis that the antagonists cause hyperthermia by acting on intra-abdominal targets (Steiner et al., 2007). We injected RTX in rats at a low dose of 20 μg/kg i.p. and used a battery of tests (Table 8) to confirm that the desensitization of TRPV1 channels in this model was restricted to the abdominal cavity (Table 9). We then found that rats with such localized, intra-abdominal desensitization do not respond with hyperthermia to intravenous AMG0347 (Fig. 9) or AMG 517

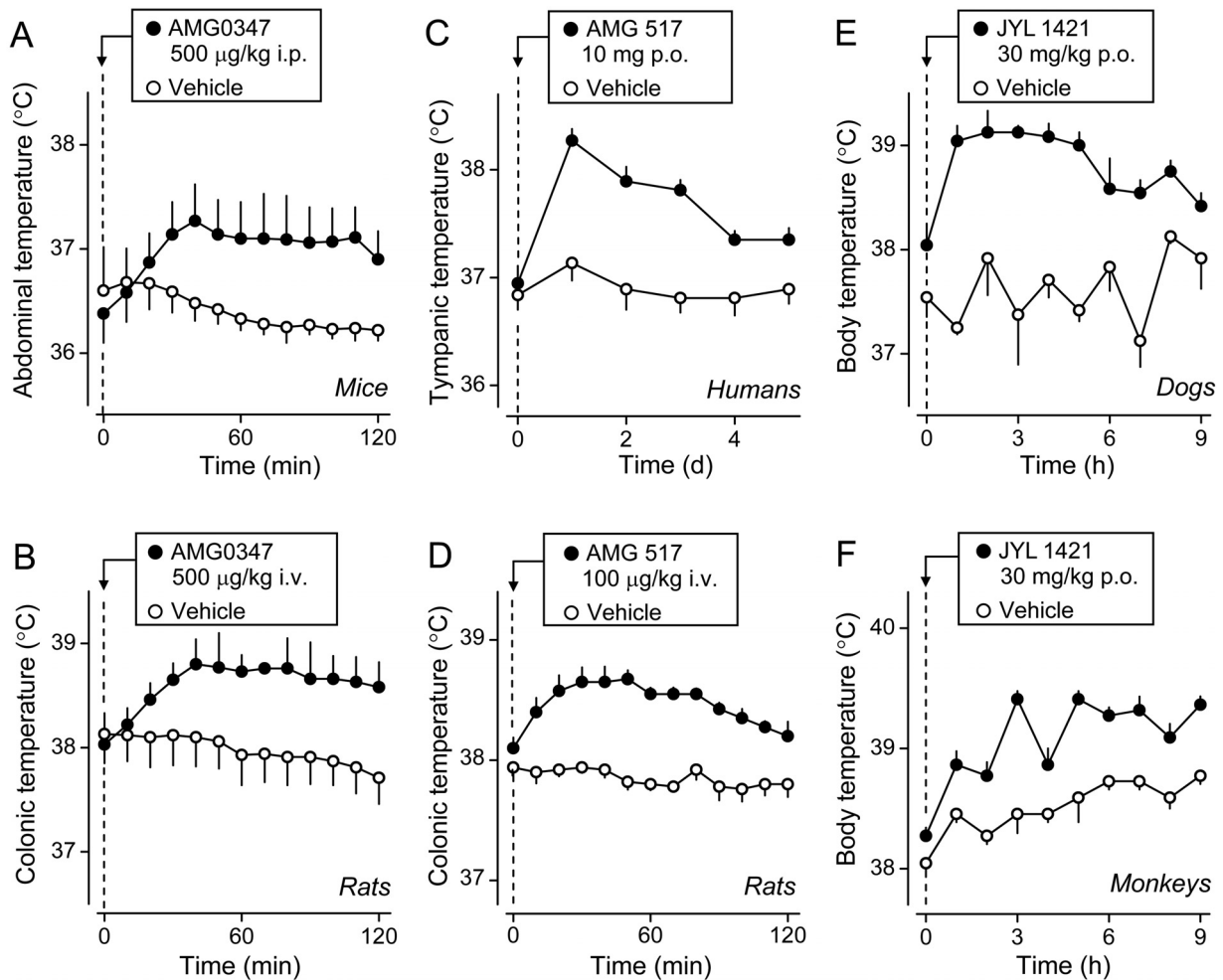


FIG. 5. TRPV1 antagonists cause hyperthermia in different species. A, effect of AMG0347 (500 µg/kg i.p.) or its vehicle on abdominal temperature in mice at a neutral  $T_a$  of 31°C. B, effect of AMG0347 (500 µg/kg i.v.) or its vehicle on colonic temperature in rats at a neutral  $T_a$  of 28°C. C, effect of daily administration of AMG 517 (10 mg p.o.) or placebo over days 0 to 6 on tympanic temperature in humans at room temperature. Note that the arrow in C shows just the first day of drug administration. D, effect of AMG 517 (100 µg/kg i.v.) or its vehicle on colonic temperature in rats at a neutral  $T_a$  of 26°C. E, effects of JYL 1421 (30 mg/kg p.o.) or its vehicle on  $T_b$  (location not specified) in cynomolgus monkeys at room temperature. F, effects of JYL 1421 (30 mg/kg p.o.) or its vehicle on  $T_b$  (location not specified) in cynomolgus monkeys at room temperature. [A and B are modified from Steiner AA, Turek VF, Almeida MC, Burmeister JJ, Oliveira DL, Roberts JL, Bannon AW, Norman MH, Louis JC, Treanor JJ, et al. (2007) Nonthermal activation of transient receptor potential vanilloid-1 channels in abdominal viscera tonically inhibits autonomic cold-defense effectors. *J Neurosci* 27:7459–7468. Copyright © 2007 Society for Neuroscience. C and D are modified from Gavva NR, Treanor JJ, Garami A, Fang L, Surapaneni S, Akrami A, Alvarez F, Bak A, Darling M, Gore A, et al. (2008) Pharmacological blockade of the vanilloid receptor TRPV1 elicits marked hyperthermia in humans. *Pain* 136:202–210. Copyright © 2008 International Association for the Study of Pain (IASP). E and F are modified from Gavva NR, Bannon AW, Surapaneni S, Hovland DN Jr, Lehto SG, Gore A, Juan T, Deng H, Han B, Klionsky L, et al. (2007) The vanilloid receptor TRPV1 is tonically activated *in vivo* and involved in body temperature regulation. *J Neurosci* 27:3366–3374. Copyright © 2007 Society for Neuroscience. All images used with permission.]

(A. Garami, N. R. Gavva, and A. A. Romanovsky, unpublished observations), each administered at its  $ED_{max}$ . The inability of rats pretreated with RTX (20 µg/kg i.p.) to respond with hyperthermia to another TRPV1 antagonist, A-889425, has also been demonstrated (McGaraughty et al., 2009). Based on these studies, we conclude that the site of the hyperthermic action of TRPV1 antagonists lies within the abdominal cavity.

**6. A Hypothetical Neural Pathway.** Because TRPV1-mediated signals from the abdominal viscera affect autonomic thermoregulatory responses but do not affect the selection of preferred  $T_a$ , these signals are likely to impinge on the neural pathways for autonomic thermoregulation downstream from the point of separation from the pathways for thermoregulatory behaviors. This may happen in

the MPO, because even large POA lesions (that destroy the MPO completely or nearly completely) do not affect thermoregulatory locomotion in a thermogradient apparatus (Almeida et al., 2006b), whereas a more upstream (closer to the afferent input) structure, the MnPO, seems to be involved in at least some behavioral thermoregulatory responses (Konishi et al., 2007). This hypothesis is schematically represented in Fig. 10. By analogy with other autonomic pathways (e.g., with those that convey cutaneous warming and cooling signals to the thermoeffector), we propose that the second and third sensory neurons of the pathway activated by visceral nonthermal, TRPV1-mediated signals are located in the DH and LPB, respectively, and that both are glutamatergic. Via the proposed pathway, the tonic activation of visceral TRPV1 channels

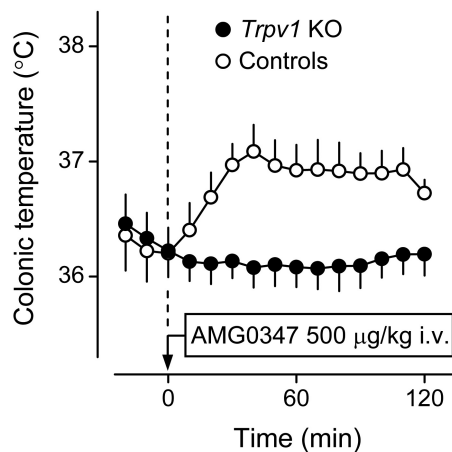


FIG. 6. AMG0347 (500  $\mu\text{g}/\text{kg}$  i.v.) causes hyperthermia in control mice, but not in *Trpv1* KO mice. [Modified from Steiner AA, Turek VF, Almeida MC, Burmeister JJ, Oliveira DL, Roberts JL, Bannon AW, Norman MH, Louis JC, Treanor JJ, et al. (2007) Nonthermal activation of transient receptor potential vanilloid-1 channels in abdominal viscera tonically inhibits autonomic cold-defense effectors. *J Neurosci* 27:7459–7468. Copyright © 2007 Society for Neuroscience. Used with permission.]

by nonthermal stimuli would be shifting the balance of synaptic inputs to warm-sensitive MPO neurons in the same way as cutaneous warming. TRPV1 antagonists remove the effect of tonic, nonthermal, visceral TRPV1 activation and produce an effect on the synaptic inputs to warm-sensitive MPO neurons equivalent to the removal of cutaneous warming, thereby increasing the activity of the sympathoexcitatory efferent pathways that drive BAT thermogenesis and skin vasoconstriction. Inhibition of warm-sensitive MPO neurons by a systemic administration of A-889425 has been demonstrated (McGarraughty et al., 2009).

**7. Transient Receptor Potential Vanilloid-1 Antagonism without Hyperthermia: Implications for Drug Development.** Several strategies of achieving TRPV1 antagonist-induced analgesia without hyperthermia have been proposed. At least three of these strategies have not produced the desired result, at least not yet. The first strategy was based on a hope that the hyperthermic effect was a chemotype-specific, off-target effect. This, however, seems not to be the case (Swanson et al., 2005; Gavva et al., 2007a,b, 2008; Steiner et al., 2007). The second strategy was to combine a TRPV1 antagonist with an antipyretic (e.g., an inhibitor of PG synthesis) (Gavva et al., 2007a), but the hyperthermic response to TRPV1 antagonists does not seem to be mediated by PGs. Although acetaminophen did block AMG8163-induced hyperthermia in rats, it did so only at a very high, hypothermia-inducing dose of 300 mg/kg (Gavva et al., 2007a), which is analogous to a 21-g bolus dose for a 70-kg human. In a recent clinical trial (Gavva et al., 2008), high hyperthermia ( $>39^{\circ}\text{C}$ ) that occurred after a molar extraction in a patient treated with AMG 517 persisted for 3 days despite the repeated administration of a reasonably high dose of acetaminophen (Tylenol; 1.3 g). In the third strategy, Steiner et al. (2007) have proposed to explore the possibility of dis-

ciating the analgesic and hyperthermic effects of TRPV1 antagonists based on the fact that the TRPV1 channels responsible for these effects are located in different bodily compartments, but no specific recommendations have been developed so far.

The fourth and the fifth strategies have resulted in some advances. The fourth strategy is aimed at taking advantage of the fact that the hyperthermic effect of some TRPV1 antagonists fades away with repeated administration, whereas the analgesic effect shows no attenuation (Gavva et al., 2007a). Such dissociation has been reported for two of Amgen's antagonists (AMG 517 and AMG8163) studied in rats, dogs, and monkeys (Gavva et al., 2007a). A recent study in rats with Abbott Laboratories' drug ABT-102 (Honore et al., 2009) also has shown that repeated dosing can favorably shift the ratio of the desired effect (analgesia) to the unwanted side effect (hyperthermia). The selective restoration of some TRPV1-mediated functions after the administration of a TRPV1 antagonist can be due to the antagonist-sensitive regulation of the subcellular distribution of TRPV1; via such a mechanism, TRPV1 antagonists can increase the cell surface expression of the TRPV1 protein and, subsequently, the cellular sensitivity to TRPV1 agonists (Johansen et al., 2006). However, when AMG 517 was administered in humans in Amgen's trials, the results seemed less promising: of the three doses tested, only the highest dose (10 mg) caused a hyperthermic response that attenuated with repeated dosing (Fig. 5C); hyperthermic responses to the lower doses (2 and 5 mg) showed no attenuation (Gavva et al., 2008).

The fifth (and arguably the most promising) strategy is based on the fact that the TRPV1 channel has independent gating mechanisms for vanilloids, protons, and heat (Welch et al., 2000). Therefore, a TRPV1 antagonist exhibits different pharmacological characteristics depending on the mode of activation of the TRPV1 channel (McIntyre et al., 2001; Gavva et al., 2005a, 2008; Broad et al., 2008; Lehto et al., 2008). From this point of view, the profile of CPZ, one of the older TRPV1 antagonists, deserves attention. Although CPZ has been used extensively in thermoregulation studies in rats and mice (Dogan et al., 2004; Jakab et al., 2005; Shimizu et al., 2005), it has never been reported to cause hyperthermia. However, CPZ does not block activation of the TRPV1 channel by protons ( $\text{IC}_{50} > 4000$ ) in the rat or mouse (McIntyre et al., 2001; Savidge et al., 2002; Correll et al., 2004; Gavva et al., 2005a,b), even though it blocks proton activation in the guinea pig ( $\text{IC}_{50} = 360$  nM) (Savidge et al., 2002). Hence, it would be important to look at the thermoregulatory responses to TRPV1 antagonists with different pharmacological profiles. One such study was conducted by Lehto et al. (2008), who used four structurally related TRPV1 antagonists (Table 5) with different profiles (Table 6): AMG8163, AMG8563, AMG8562, and AMG7905. All of the antagonists used inhibited TRPV1 activation by CAP. Those antagonists that either blocked (AMG8163) or partially attenuated (AMG8563) proton activation in vitro also caused hyper-

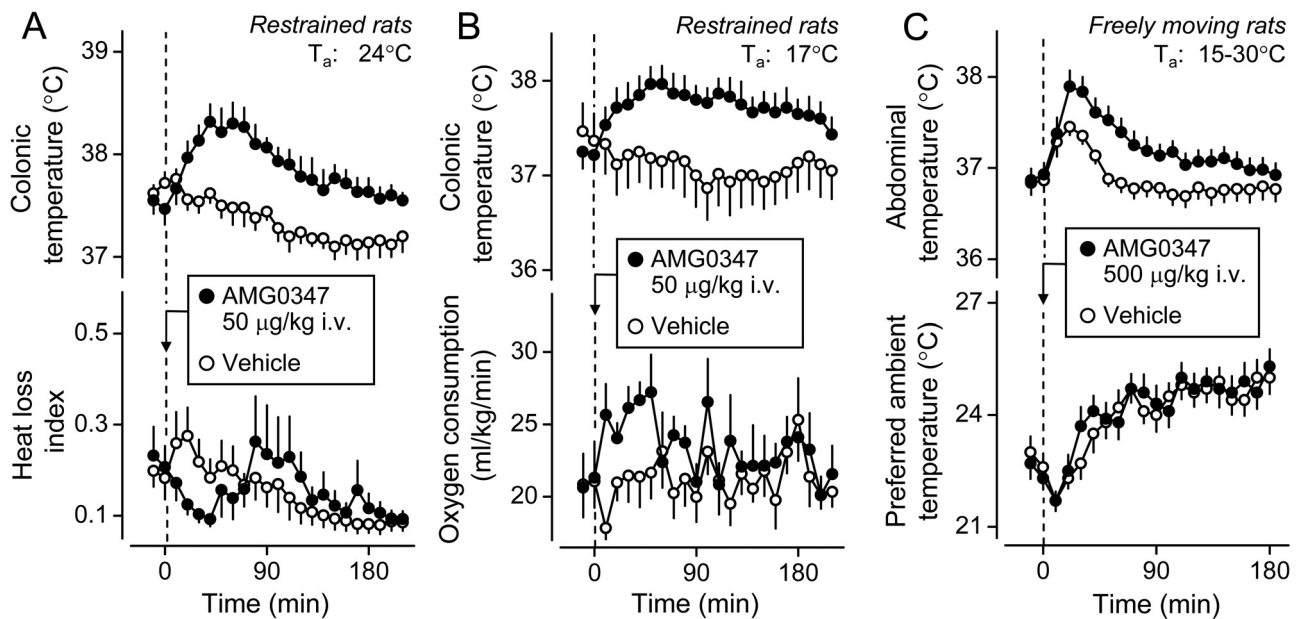


FIG. 7. Recruitment of autonomic, but not behavioral, thermoeffectors in the hyperthermic response of rats to AMG0347. AMG0347 (50  $\mu\text{g}/\text{kg}$  i.v.) was administered to loosely restrained rats either at a low neutral  $T_a$  of  $24^\circ\text{C}$  (A) or at a subneutral  $T_a$  of  $17^\circ\text{C}$  (B). In either case, the injections were performed through a preimplanted jugular catheter, from outside the environmental chamber, without disturbing the animals (Steiner et al., 2007). Because the procedure of drug administration did not cause stress, injection of a vehicle alone did not affect colonic temperature. At  $24^\circ\text{C}$ , the hyperthermic response to AMG0347 occurred, at least in part, because of tail skin vasoconstriction (a decrease in the HLI). At  $17^\circ\text{C}$ , the hyperthermic response to AMG0347 occurred, at least in part, because of thermogenesis activation (an increase in oxygen consumption). AMG0347 (500  $\mu\text{g}/\text{kg}$  i.v.) also caused hyperthermia in a thermogradiation apparatus (C). In this setup, the procedure for drug administration involved handling, and the injection of vehicle caused stress hyperthermia, but the hyperthermic response to AMG0347 was higher and lasted longer than the response to the vehicle. Even though a high dose of AMG0347 was used in this experiment, thermoregulatory behavior was not recruited, and the drug-injected rats preferred the same  $T_a$  as the rats injected with the vehicle. [Modified from Steiner AA, Turek VF, Almeida MC, Burmeister JJ, Oliveira DL, Roberts JL, Bannon AW, Norman MH, Louis JC, Treanor JJ, et al. (2007) Nonthermal activation of transient receptor potential vanilloid-1 channels in abdominal viscera tonically inhibits autonomic cold-defense effectors. *J Neurosci* 27:7459–7468. Copyright © 2007 Society for Neuroscience. Used with permission.]

thermia in rats, whereas antagonists that potentiated proton activation (AMG8562 and AMG7905) did not cause hyperthermia and caused hypothermia instead (Table 6). AMG8562, a competitive antagonist at the CAP-binding pocket and a positive allosteric modulator for proton activation, had significant efficacy in several rodent models of pain, thus providing an example of TRPV1-antagonist-induced analgesia without hyperthermia in rats. The authors concluded that the hyperthermic effect occurs if an antagonist inhibits CAP activation and also inhibits (fully or partially) proton activation. On the other hand, if an antagonist inhibits CAP activation but potentiates proton activation, it does not cause hyperthermia (and may cause hypothermia instead). If this conclusion is true, the success of AMG8562 in causing hyperthermia-free analgesia in rats cannot be reproduced in humans, because this antagonist is a potent inhibitor of all modes of activation of the human TRPV1 channel (Lehto et al., 2008).

## V. Hypotheses, Conclusions, and Future Directions

### A. Mechanisms of the Thermoregulatory Effects of Transient Receptor Potential Vanilloid-1 Agonists and Antagonists: A Unifying Hypothesis

Based on the studies reviewed herein, we propose that there are two principal populations of TRPV1-express-

ing cells that have connections with efferent pathways that control autonomic thermoeffectors. These two populations are the first-order sensory (polymodal) glutamatergic DRG (and possibly nodose) neurons that innervate the abdominal viscera and the higher-order (probably fourth-order) sensory glutamatergic neurons presumably located in the MnPO. We further hypothesize that the entire variety of the thermoregulatory responses to TRPV1 agonists and antagonists can be explained by the actions on TRPV1 channels on these two populations of neurons (Fig. 10). As reviewed above, the responses to TRPV1 agonists and antagonists include 1) the acute, immediate hypothermic responses to systemic TRPV1 agonists, 2) the increased deep  $T_b$  during the first few days after systemic administration of TRPV1 agonists at desensitization-inducing doses, 3) the chronic heat-defense deficiency caused by systemic doses of TRPV1 agonists administered to newborn or adult animals, 4) the chronic cold-defense deficiency and decreased central thermosensitivity of adult animals treated with very high systemic doses of TRPV1 agonists, and 5) the short-term hyperthermic effect of TRPV1 antagonists administered systemically. We propose that both agonists and antagonists act on both neuronal populations, but that the effects of agonists are mediated predominantly by MnPO neurons, whereas the effects of antagonists are mediated predominantly



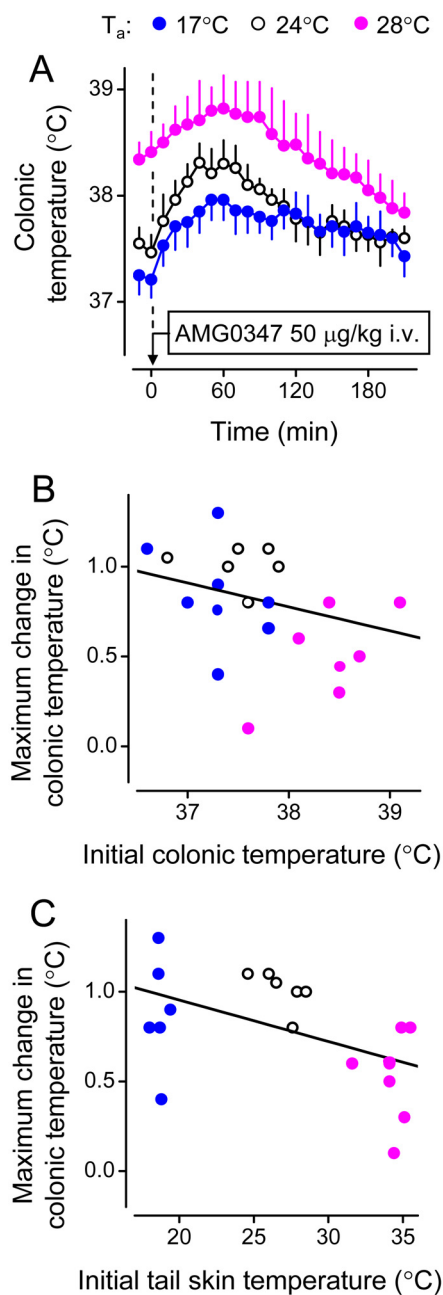


FIG. 8. AMG0347 hyperthermia is independent of either basal colonic temperature or basal tail  $T_{sk}$ . AMG0347 (50  $\mu\text{g}/\text{kg}$  i.v.) was injected in rats at  $T_a$  of 17, 24, or 28°C (A). At all  $T_a$  values tested, the drug induced hyperthermic responses of similar magnitude. When the response magnitude (the maximal increase in colonic temperature) for each rat was plotted against its basal (at the time of drug administration) colonic temperature (B) or against its basal  $T_{sk}$  (C), no positive correlation was found. [Modified from Steiner AA, Turek VF, Almeida MC, Burmeister JJ, Oliveira DL, Roberts JL, Bannon AW, Norman MH, Louis JC, Treanor JJ, et al. (2007) Nonthermal activation of transient receptor potential vanilloid-1 channels in abdominal viscera tonically inhibits autonomic cold-defense effectors. *J Neurosci* 27:7459–7468. Copyright © 2007 Society for Neuroscience. Used with permission.]

by DRG neurons. Such relative selectivity can be explained as follows. Because, as described above, administration of TRPV1 antagonists into the third cerebral ventricle or directly into the POA does not cause hyperthermia (whereas TRPV1 agonists are

highly effective in causing hypothermia when administered via the same routes), we conclude that TRPV1 channels on MnPO neurons are not activated under normal conditions. Hence, TRPV1 agonists activate (open) the channels on these neurons and have the consequent effects, whereas TRPV1 antagonists are ineffective. On the other hand, visceral TRPV1 channels are tonically activated, and TRPV1 antagonists block this activation and cause marked effects, whereas additional activation by systemic TRPV1 agonists has little effect. Indeed, recent experiments have shown that the hypothermic response to intravenous RTX is unaffected by localized intra-abdominal desensitization of TRPV1 channels (A. Garami and A. A. Romanovsky, unpublished observation), even though, as discussed above, the same desensitization eliminates hyperthermic responses to the intravenous administration of TRPV1 antagonists, including AMG0347, AMG 517, and A-889425. The inability of TRPV1 to respond to low concentrations of a full agonist (such as RTX) would be expected if the channel were tonically activated by an abundant partial agonist that occupied the binding site competitively with respect to the full agonist (Ross and Kenakin, 2001). An example of a partial agonist is AEA (Ross, 2003). Furthermore, several substances decrease the responsiveness of the TRPV1 channel to RTX and CAP. For instance, adenosine and its analogs interact with TRPV1, inhibit RTX binding, and inhibit CAP-induced inward currents in DRG neurons (Puntambekar et al., 2004), whereas calmodulin binds to the  $\text{NH}_2$ -terminal region of the TRPV1 channel and inhibits gating to reduce the probability of channel opening (Rosenbaum et al., 2004). There is also evidence for a separate regulatory site (that binds several neuroleptic drugs), which can either increase or decrease vanilloid binding and the resulting calcium influx (Acs et al., 1995; Szallasi et al., 1996).

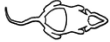


Hence, we propose that the acute hypothermic response to systemic TRPV1 agonists described above is the result of an action on nonactivated TRPV1 channels on MnPO neurons (Fig. 10). The activation is followed by the functional impairment (desensitization) of these neurons, which can lead to hyperthermia even in the absence of heat exposure. This hyperthermia, typically of low grade, lasts for a few days and ceases thereafter, presumably as a result of the development of compensatory mechanisms. The functional loss of the same neurons is responsible for the attenuated heat-defense responses; such attenuation typically lasts for a long time and represents the most prominent symptom of systemic TRPV1 desensitization. When the dose of an agonist is extremely high, secondary degeneration of the next neuron (the MPO neuron) occurs, thus effectively interrupting all pathways to autonomic thermoeffector. If the agonist is administered in the neonatal period, no permanent loss of function occurs, possibly because of pro-

TABLE 8  
Selected tests for sensitivity of TRPV1 channels in different bodily compartments

Compartment	Test	Reference
Abdominal cavity	Satiety response to intraperitoneal cholecystokinin	Dogan et al. (2004)
	Writhing response to intraperitoneal RTX	Steiner et al. (2007)
Eyes	Eye-wiping response to topical ammonium hydroxide	Dogan et al. (2004)
	Eye-wiping response to topical RTX	Steiner et al. (2007)
Skin	Locomotor response to noxious heat (hot-plate test, 55°C)	Steiner et al. (2007)
Thoracic cavity	Hypotensive response to RTX into superior vena cava (Bezold-Jarish reflex)	Steiner et al. (2007)
Brain	Tail skin vasodilation response to CAP into third ventricle	Steiner et al. (2007)

TABLE 9  
Sites of TRPV1 desensitization in RTX- or vehicle-pretreated rats

In the schematics of the desensitization pattern, the desensitized compartments are shown in grey; the nondesensitized compartments are shown in white. Based on data from Dogan et al. (2004) and Steiner et al. (2007).

Pretreatment	Compartment					Desensitization Pattern	Desensitization Extent
	Abdominal Cavity	Eyes	Skin	Thoracic Cavity	Brain		
Vehicle	○	○	○	○	○		None
RTX 0.2 mg/kg i.p.	×	×	×	×	×		Systemic
RTX 0.02 mg/kg i.p.	×	○	○	○	○		Localized intra-abdominal

×, desensitized; ○, nondesensitized.

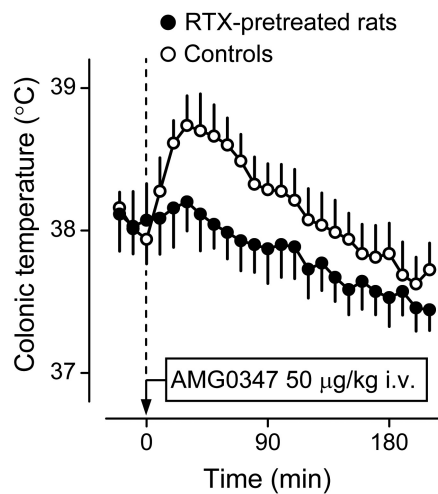


FIG. 9. Localized intra-abdominal TRPV1 desensitization abolishes the AMG0347-induced hyperthermia in rats. Shown is the effect of AMG0347 (50 µg/kg i.v.) on colonic temperature of rats pretreated with RTX (20 µg/kg i.p.) or its vehicle 10 days before the experiment. [Modified from Steiner AA, Turek VF, Almeida MC, Burmeister JJ, Oliveira DL, Roberts JL, Bannon AW, Norman MH, Louis JC, Treanor JJ, et al. (2007) Nonthermal activation of transient receptor potential vanilloid-1 channels in abdominal viscera tonically inhibits autonomic cold-defense effectors. *J Neurosci* 27:7459–7468. Copyright © 2007 Society for Neuroscience. Used with permission.]

a blockade of nonthermal tonic stimulation of visceral DRG neurons.

### B. The Transient Receptor Potential Vanilloid-1 Channel in Normal Thermoregulation: A Thermosensor It Is Not

1. *Transient Receptor Potential Vanilloid-1 Channels on Preoptic Neurons Are Not Activated at Normal Body Temperatures.* The fact that low doses of TRPV1 antagonists do not cause hyperthermia upon central administration (Steiner et al., 2007; McGaraughty et al., 2009), even when administered directly into the POA (McGaraughty et al., 2009), suggests that hypothalamic TRPV1 channels are not activated at normal  $T_b$  values. As discussed in section III.B, core  $T_b$  rarely approaches the ~43°C activation threshold of the TRPV1 channel determined in in vitro studies (Caterina et al., 1997; Tominaga et al., 1998). Furthermore, when brain slices containing POA neurons are exposed to different temperature changes, the effects evoked (changes in brief ionic currents of the depolarizing prepotential, but not in the resting membrane potential) seem incompatible with a pivotal role of TRP channels (including TRPV1) in the thermal sensitivity of POA neurons (Boulant, 2006). Moreover, warm-sensitive MPO neurons do not express TRPV1 (I. V. Tabarean, J. Eberwine, B. Conti, and T. Bartfal, personal communication), and TRP antagonism does not reduce the thermosensitivity of warm-sensitive MPO neurons (Unger et al., 2008).

2. *Transient Receptor Potential Vanilloid-1 Channels on Visceral Dorsal Root Ganglia Neurons Are Activated, but Not by Temperature.* Studies with TRPV1 antagonists have shown that tonic activation of TRPV1 channels in the abdominal viscera inhibits BAT thermogenesis and skin vasoconstriction, thus having a tonic

liferation and differentiation of neuronal progenitor cells and their migration into the MPO. However, if a very high systemic dose of a TRPV1 agonist (>100 mg/kg for CAP) is administered in adulthood, the loss of warm-sensitive MPO neurons is not recovered, at least not completely, and the animals exhibit the loss of hypothalamic thermosensitivity and a deficiency of cold-defense responses. As for the acute hyperthermic response to systemic TRPV1 antagonists, it is probably the result of

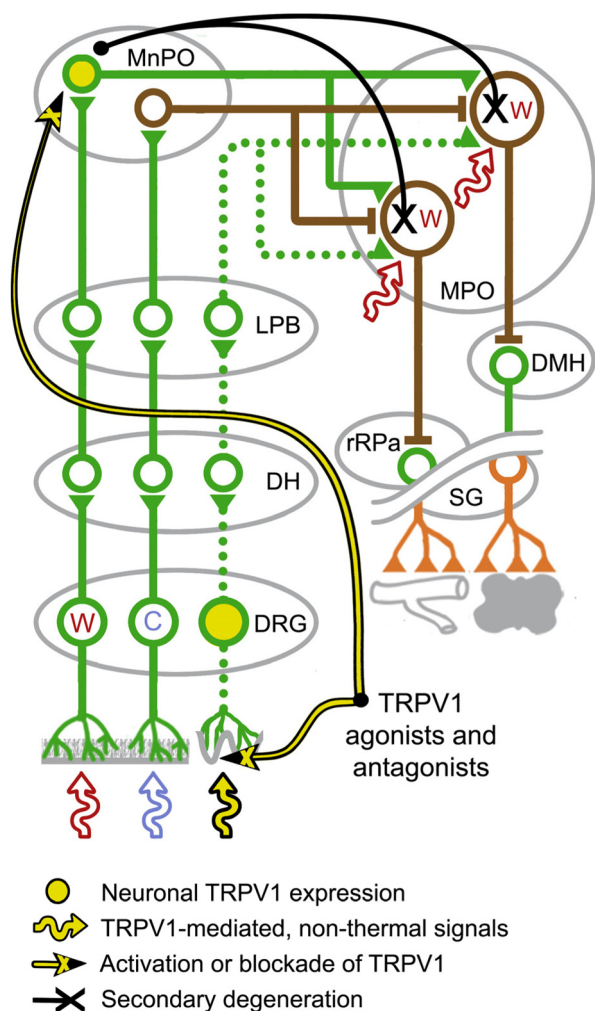


FIG. 10. The proposed pathway for tonic inhibition of BAT thermogenesis and skin vasoconstriction by nonthermal activation of visceral TRPV1 channels and proposed mechanisms of the thermoregulatory effects of TRPV1 agonists, TRPV1 desensitization, and TRPV1 antagonists. The proposed pathway (dotted line) is compared with the thermoregulatory pathways activated by innocuous skin warming and cooling (solid lines). On the efferent side (right portion of the figure), neurons in the brain stem and spinal cord structures that are common to all three pathways are omitted (to avoid repetition of Fig. 1). All omitted synapses are excitatory. Abbreviations and symbols are the same as in Fig. 1. We propose that TRPV1 agonists and antagonists act on two neurons: the glutamatergic MnPO neuron within the pathway activated by innocuous warming of the skin and a glutamatergic polymodal visceral DRG neuron. TRPV1 channels on the MnPO neurons are normally closed and are therefore readily affected by TRPV1 agonists but not by antagonists. Channels on the DRG neurons are tonically activated by nonthermal factors and are therefore more susceptible to the action of antagonists. Because TRPV1 agonists affect the MnPO neurons, these neurons lose their function first during desensitization. Higher doses of TRPV1 agonists induce secondary degeneration of warm-sensitive GABA-ergic MPO neurons, an effect that is subject to partial recovery when the desensitizing dose of the agonist is administered in the neonatal period. For further explanations, see sections IV.E.6 and V.A.

suppressive effect on core  $T_b$ . TRPV1 antagonists cause hyperthermia by removing this tonic activation and consequently by triggering skin vasoconstriction and activating BAT thermogenesis. However, the TRPV1-mediated, visceral,  $T_b$ -suppressing signals that are blocked by TRPV1 antagonists are nonthermal, at least as evidenced by the finding that AMG0347

causes the same effect at different deep  $T_b$  values and in a wide range of  $T_{sk}$  values (Steiner et al., 2007). Even though TRPV1 channels are involved in the detection of noxious heat stimuli that are important for pain responses, they are not involved in the detection of those innocuous thermal stimuli (shell and core temperatures) that regulate the activity of thermoeffectors under physiological conditions.

3. "Thermoregulatory" Effect: What's in a Name? It seems clear that TRPV1 channels do not play the role of thermosensors for  $T_b$  regulation under normal conditions. However, it is not completely clear how to classify the nonthermal, tonic, inhibitory effect of visceral TRPV1 channels on autonomic cold-defense effectors under physiological conditions. According to the most recent review by Gavva (2008), this effect shows that the TRPV1 channel "regulates  $T_b$ ," but whether this conclusion is legitimate depends on the definition of thermoregulation. If by regulation we mean adjusting core  $T_b$  (the main control variable) based on its changes via negative feedback or based on changes in  $T_{sk}$  (the auxiliary variable) via negative or positive feedback, then TRPV1 channels are not involved in  $T_b$  regulation. They sense neither core  $T_b$  nor  $T_{sk}$ ; hence, they are uninvolved in the control of the main variable via feedback mechanisms. Consequently, if one subscribes to a traditional, conservative definition of  $T_b$  regulation as a feedback control, a proper conclusion would be that TRPV1 channels are uninvolved in normal thermoregulation and instead tonically modulate  $T_b$  by modulating thermoeffector activity in response to nonthermal stimuli.

However, thermoregulation involves not only feedback mechanisms using the main control variable core  $T_b$  and the auxiliary variable  $T_{sk}$  but also elements of meshed control, often nonthermal in their nature (for explanations and examples, see section II.A.2). Therefore, it may be reasonable to use a broader definition of thermoregulation that includes all processes affecting  $T_b$ . If such a definition were adapted, inhibition of BAT thermogenesis and skin vasoconstriction by the nonthermal signals mediated by visceral TRPV1 might possibly be viewed as a thermoregulatory phenomenon.

### C. Physiological and Pathological Significance

The biological significance of the recently found tonic inhibition of thermoeffectors by nonthermal signals originating in the abdominal cavity and mediated by visceral TRPV1 channels remains speculative. This inhibition may constitute a connection between the organs supplying the body with chemical energy (GIT) and the organs burning (BAT) and dissipating (skin blood vessels) this energy. If the nonthermal TRPV1-mediated signals indeed originate in the GIT, they may be involved in thermoregulatory adjustments to changes in the feeding status such as diet-induced thermogenesis and postprandial hyperthermia in mammals (Székely, 2000; Gobel et al., 2001), starvation-associated hypome-

tabolism in mammals (Székely, 2000), adaptive daytime hypothermia in nocturnal mammals (Kanizsai et al., 2009), or nutrition-dependent nocturnal hypothermia in birds (Geran and Rashotte, 1997). By activating TRPV1 channels, the luminal pH, which fluctuates through the feeding cycle (McConnell et al., 2008) and decreases during prolonged fasting (Hood and Tannen, 1998), may contribute to the hypothermic response to fasting. Indeed, fasting-induced hypothermia was found to be attenuated in *Trpv1* KO mice (Kanizsai et al., 2009). The concentration of endogenous TRPV1 agonists (e.g., OEA) (Fu et al., 2007), in the intestinal wall also fluctuates during the feeding cycle. It is noteworthy that the intestinal wall may be the only place in the body where OEA can reach concentrations comparable with its EC<sub>50</sub> (Fu et al., 2007). Indeed, responses to OEA are ablated in CAP-desensitized animals, suggesting that OEA causes at least some of its effects by acting on TRPV1-expressing sensory fibers (Rodríguez de Fonseca et al., 2001). Endovanilloids and low pH can activate TRPV1 channels that are present on the majority (~80%) of DRG afferents (and many nodose neurons) servicing the stomach and the large intestine (Holzer, 2004; Hwang et al., 2005). DRG (and also nodose) neurons innervating the stomach respond to acid in a manner compatible with TRPV1 mediation (Sugiura et al., 2005), whereas genetic deletion of TRPV1 reduces the responsiveness of sensory neurons in the GIT to low pH (Rong et al., 2004), and the pharmacological blockade of the TRPV1 channel attenuates the visceromotor pain response to acid (Holzer, 2007). Furthermore, TRPV1-expressing DRG neurons play an important role in the acid-induced rise in mucosal blood flow and other responses in the rat stomach and colon (Holzer, 2007).

Another possibility is that the tonic suppression of autonomic thermoeffectors originates not from TRPV1 channels in a specific part of the GIT, but from those distributed diffusely throughout the abdominal viscera. If this is the case, intra-abdominal TRPV1 channels can be speculated to have at least two distinct functions. The first putative function comes into play when T<sub>b</sub> in the abdomen reaches extremely high values, thus exceeding the 43°C activation threshold of TRPV1 channels. The abdominal temperature increases more readily than the brain temperature, especially in those species that possess mechanisms for selective brain cooling. For example, an abdominal temperature of >47°C was recorded in a running gazelle (Taylor and Lyman, 1972). Perhaps DRG that express TRPV1 channels and project (polysynaptically) to the neural pathways that control thermoeffectors (Fig. 10) can participate in the recruitment of heat-defense responses at extreme levels of body heating. Exposure of the abdominal viscera of guinea pigs to temperatures of 42–44°C readily causes heat-defense responses, including skin vasodilation (Romanovsky and Blatteis, 1996). However, even for the abdominal location, temperatures that exceed the 43°C activation threshold typically signify pathological conditions. For

example, the gazelle observed by Taylor and Lyman (1972) died shortly after the 47°C temperature was recorded, and the intraperitoneal heating used in the study in guinea pigs by Romanovsky and Blatteis (1996), when conducted for more than 40 min, caused cessation of heat-defense responses and death.

The second hypothetical function of intra-abdominal TRPV1 channels may be the detection of visceral acidosis, a nonspecific severity indicator in various diseases, including inflammatory ones (Montgomery et al., 1990; Fiddian-Green, 1993; Chendrasekhar et al., 1996; Nielsen et al., 1996). The body responds to mild inflammation or mild infection with fever (to activate immune defenses), but to severe inflammation with hypothermia (to attenuate the effects of tissue hypoxia by decreasing metabolic requirements) (Romanovsky and Székely, 1998; Romanovsky et al., 2005; Almeida et al., 2006a). The inflammation-associated hypothermia is a brain-mediated (Almeida et al., 2006b) response occurring because of the inhibition of metabolism (Romanovsky et al., 1996). Hence, it is plausible to speculate that visceral acidosis can trigger metabolic inhibition and hypothermia in systemic inflammation. It is noteworthy that peritoneal acidosis is also thought to be protective by limiting the systemic inflammatory response (Hanly et al., 2007). That many inflammatory mediators (e.g., PGs) can coactivate the TRPV1 channel together with protons (Tominaga and Caterina, 2004) makes a TRPV1 involvement in triggering hypothermia in severe disease even more likely. It can also be speculated that TRPV1 channels on POA neurons, although not activated under normal conditions, may react to brain hyperthermia or acidosis.

#### D. Puzzles Yet to Be Solved

We conclude this review with a partial list of important questions that either have not been addressed experimentally or that have produced unclear or contradictory answers. The first group of such questions relates to hypothalamic TRPV1 channels. Even though it is widely accepted that TRPV1 channels are present on POA neurons, which population(s) of POA cells involved in thermoregulatory pathways (i.e., glutamatergic MnPO cells, GABA-ergic MnPO cells, or GABA-ergic MPO cells) express TRPV1 channels is unknown. The pathways proposed in this review are based largely on the assumption that TRPV1-expressing cells are glutamatergic MnPO neurons. Despite substantial circumstantial support, this hypothesis has not been confirmed in a direct experiment, and a different opinion is expressed by several authors who propose that TRPV1 channels are expressed by warm-sensitive MPO neurons. A related question to be addressed experimentally is how systemic desensitization with TRPV1 agonists affects MnPO and MPO neurons with identified neurochemical chemotypes and thermal sensitivity and with a confirmed involvement in the pathways that control thermoeffectors.

Another neural substrate that awaits identification is the one connecting TRPV1-expressing neurons that service the abdominal viscera with efferent neural pathways that control autonomic thermoeffectors. We hypothesize that the connecting pathways involve LPB neurons and do not involve MnPO neurons, but both propositions have yet to be verified in direct experiments. Of special interest is the level at which the pathways controlling autonomic thermoeffector responses to nonthermal TRPV1-mediated signals from the abdominal viscera converge with the pathways that control responses of the same effectors to cutaneous warming and cooling. It should also be clarified how these two groups of pathways relate to pathways that control the selection of preferred thermal environment in response to innocuous skin warming and cooling.

Of great practical importance are those questions that can be instrumental in separating the analgesic effect of TRPV1 antagonists from their hyperthermic on-target side effect. Because both effects seem to be due to action on primary sensory neurons, it seems rather unlikely that they can be separated based on a different distribution of the TRPV1 channels involved. However, the nature of the visceral signals that TRPV1 antagonists have to block to disinhibit thermogenesis and skin vasoconstriction, and thereby to cause hyperthermia, remains unknown. Identification of these tonically active nonthermal visceral signals is a high-priority task. Depending on their nature, it may be possible to design TRPV1 antagonists that would cause analgesia without causing hyperthermia. It would also make sense to conduct a systematic, quantitative study to establish a correlation between the potency of TRPV1 antagonists to cause hyperthermia and their potency of blocking the activation of the TRPV1 channel by stimuli of different modalities: protons, temperature, and vanilloids. Many of the questions listed above aim at testing hypotheses, putative scenarios, and likely pathways proposed in this review.

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